

JANUARY
2026

EILAND CENTER
ASSISTED LIVING PRESENTS

THE *Sunnyside* UP

Happy Birthday

Harry Jarrett - 4th
Anita Brechtel - 5th
John Holsten - 6th
Jean Watlington - 9th
Winnie Leung - 10th
Emily Pancake - 11th
Sally Lance - 18th
Raymond Tusing - 24th
Sue Meny - 30th

Special Events

THE POLAR EXPRESS MOVIE & HOT COCOA

FRIDAY, JANUARY 2ND AT 2:00 PM (BETHESDA THEATER)

ALL CAMPUS MOVIE NIGHT - "SARAH'S OIL"

WEDNESDAY, JANUARY 7TH AT 6:30 PM (BETHESDA THEATER)

MEET & GREET SOCIAL FOR JENNIFER WAYNE - NEW AL ADMINISTRATOR

FRIDAY, JANUARY 9TH AT 10:30 AM (BETHEL ROOM)

MUSIC WITH FRITZ HORISK

FRIDAY, JANUARY 9TH AT 2:00 PM (BETHESDA THEATER)

ACOUSTIC MUSIC WITH JOHN LOCKRIDGE

THURSDAY, JANUARY 15TH AT 1:00 PM (BETHESDA THEATER)

PIANO WITH MIRIAM CLARK

FRIDAY, JANUARY 16TH AT 2:00 PM (BETHEL ROOM)

VALLEY R.C. PLANES PRESENTATION

WEDNESDAY, JANUARY 21ST AT 2:00 PM (BETHESDA THEATER)

MONTHLY BIRTHDAY PARTY FOR JANUARY

FRIDAY, JANUARY 23RD AT 2:00 PM (BETHESDA THEATER)

SKYLINE DUO - FLUTE & SAXOPHONE CONCERT

MONDAY, JANUARY 26TH AT 2:30 PM (BETHESDA THEATER)

MUSICAL MEMORIES MINI ORCHESTRA

FRIDAY, JANUARY 30TH AT 2:00 PM (BETHESDA THEATER)

Trips & Outings

- **TRIP TO MT. HOREB CHURCH TO VIEW STAINED GLASS WINDOWS***
MONDAY, JANUARY 5TH AT 2:30 PM (CORSON LOBBY)
- **SCENIC RIDE***
MONDAY, JANUARY 12TH AT 2:30 PM (CORSON LOBBY)
- **LUNCH AT THE HIGHLANDS***
WENESDAY, JANUARY 14TH AT 11:15 AM (CORSON LOBBY)
- **LUNCH OUTING TO TEXAS ROADHOUSE***
MONDAY, JANUARY 26TH AT 11:00 AM (CORSON LOBBY)
- **LADIES SHOPPING TRIP TO TARGET***
WEDNESDAY, JANUARY 28TH AT 10:00 AM (CORSON LOBBY)

***PLEASE CALL CARI AT X8225 TO SIGN UP**
OR IF YOU HAVE ANY QUESTIONS

**ALL DEPARTURES IN JANUARY ARE AT THE CORSON
LOBBY DUE TO POTENTIAL INCLEMENT WEATHER.
WE WILL INFORM RESIDENTS ON THE DAY OF A TRIP IF IT
NEEDS POSTPONED DUE TO WEATHER.**

RESIDENT SPOTLIGHT

Jean Watlington

JEAN'S FAVORITES

Music - Any kind of Music

Restaurants - Olive Garden

Season - Spring

Food - Steak

Animals - Dogs

Movie- Gone with the Wind

Color- Blue



ALL ABOUT ME

Jean Watlington was born in Cumberland, Virginia, and later grew up in Farmville, where many of her fondest childhood memories were made. After graduating from high school, she continued her education in business school, a path that led her to a rewarding career working in an office. Jean and her husband were blessed with two sons, Philip and John. Philip has made his home in North Carolina, while John remains close by here in Virginia. Family has always been at the heart of Jean's life. Her decision to move to Sunnyside was inspired by the stories shared by several family members who had lived here over the years and spoke so warmly of the community. Hearing their experiences, Jean always knew that when the time was right, Sunnyside would be the perfect place for her. In her free time, Jean enjoys simple and creative hobbies. She loves coloring, working on word searches, reading a good book, playing board games, and painting. You can often find her at sing-alongs, chat & color sessions, concerts, shopping outings, and of course many of our craft activities. We are fortunate to have Jean as part of our community she brings a bright, uplifting spirit to everyone she meets, and Sunnyside is truly blessed to have her.

