

JANUARY  
2026

EILAND CENTER  
ASSISTED LIVING PRESENTS

THE  
*Sunnyaside*  
UP

*Happy Birthday*

Harry Jarrett - 4th  
Anita Brechtel - 5th  
John Holsten - 6th  
Jean Watlington - 9th  
Winnie Leung - 10th  
Emily Pancake - 11th  
Sally Lance - 18th  
Raymond Tusing - 24th  
Sue Meny - 30th

# Special Events

THE POLAR EXPRESS MOVIE & HOT COCOA

FRIDAY, JANUARY 2ND AT 2:00 PM (BETHESDA THEATER)

ALL CAMPUS MOVIE NIGHT - "SARAH'S OIL"

WEDNESDAY, JANUARY 7<sup>TH</sup> AT 6:30 PM (BETHESDA THEATER)

MEET & GREET SOCIAL FOR JENNIFER WAYNE - NEW AL ADMINISTRATOR

FRIDAY, JANUARY 9<sup>TH</sup> AT 10:30 AM (BETHEL ROOM)

MUSIC WITH FRITZ HORISK

FRIDAY, JANUARY 9<sup>TH</sup> AT 2:00 PM (BETHESDA THEATER)

ACOUSTIC MUSIC WITH JOHN LOCKRIDGE

THURSDAY, JANUARY 15<sup>TH</sup> AT 1:00 PM (BETHESDA THEATER)

PIANO WITH MIRIAM CLARK

FRIDAY, JANUARY 16<sup>TH</sup> AT 2:00 PM (BETHEL ROOM)

VALLEY R.C. PLANES PRESENTATION

WEDNESDAY, JANUARY 21<sup>ST</sup> AT 2:00 PM (BETHESDA THEATER)

MONTHLY BIRTHDAY PARTY FOR JANUARY

FRIDAY, JANUARY 23<sup>RD</sup> AT 2:00 PM (BETHESDA THEATER)

SKYLINE DUO - FLUTE & SAXOPHONE CONCERT

MONDAY, JANUARY 26<sup>TH</sup> AT 2:30 PM (BETHESDA THEATER)

MUSICAL MEMORIES MINI ORCHESTRA

FRIDAY, JANUARY 30<sup>TH</sup> AT 2:00 PM (BETHESDA THEATER)

# Trips & Outings

● TRIP TO MT. HOORB CHURCH TO VIEW STAINED GLASS WINDOWS\*  
MONDAY, JANUARY 5TH AT 2:30 PM (CORSON LOBBY)

● SCENIC RIDE\*  
MONDAY, JANUARY 12<sup>TH</sup> AT 2:30 PM (CORSON LOBBY)

● LUNCH AT THE HIGHLANDS\*  
WENESDAY, JANUARY 14<sup>TH</sup> AT 11:15 AM (CORSON LOBBY)

● LUNCH OUTING TO TEXAS ROADHOUSE\*  
MONDAY, JANUARY 26<sup>TH</sup> AT 11:00 AM (CORSON LOBBY)

● LADIES SHOPPING TRIP TO TARGET\*  
WEDNESDAY, JANUARY 28<sup>TH</sup> AT 10:00 AM (CORSON LOBBY)

**\*PLEASE CALL CARI AT X8225 TO SIGN UP**

**OR IF YOU HAVE ANY QUESTIONS**

**ALL DEPARTURES IN JANUARY ARE AT THE CORSON  
LOBBY DUE TO POTENTIAL INCLEMENT WEATHER.**

**WE WILL INFORM RESIDENTS ON THE DAY OF A TRIP IF IT  
NEEDS POSTPONED DUE TO WEATHER.**

# RESIDENT SPOTLIGHT

## Jean Watlington

### JEAN'S FAVORITES

Music - Any kind of Music

Restaurants - Olive Garden

Season - Spring

Food - Steak



Animals - Dogs

Movie- Gone with the Wind

Color- Blue



### ALL ABOUT ME

Jean Watlington was born in Cumberland, Virginia, and later grew up in Farmville, where many of her fondest childhood memories were made. After graduating from high school, she continued her education in business school, a path that led her to a rewarding career working in an office. Jean and her husband were blessed with two sons, Philip and John. Philip has made his home in North Carolina, while John remains close by here in Virginia. Family has always been at the heart of Jean's life. Her decision to move to Sunnyside was inspired by the stories shared by several family members who had lived here over the years and spoke so warmly of the community. Hearing their experiences, Jean always knew that when the time was right, Sunnyside would be the perfect place for her. In her free time, Jean enjoys simple and creative hobbies. She loves coloring, working on word searches, reading a good book, playing board games, and painting. You can often find her at sing-alongs, chat & color sessions, concerts, shopping outings, and of course many of our craft activities. We are fortunate to have Jean as part of our community she brings a bright, uplifting spirit to everyone she meets, and Sunnyside is truly blessed to have her.

