

Assisted Living Activities May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>* please sign up with Life Enrichment , call x8225</p>	<p>AC — Arts & Crafts Room BR — Bethel Room (2nd) BT—Bethesda Theater (2nd) CL — Corson Lobby (1st) CP — Corson Pool (1st) GA — Galway Lounge (2nd) IV — Inverness Room (2nd) 3LVD -Lakeview Dining (3rd)</p>	<p>LVP — Lakeview Patio (2nd) MA — Madison Lounge (3rd) MC — Meredith Chapel (1st) MO — Monroe Lounge (3rd) PG — Parks Garden (2nd) TR— Terrace Memory Care Unit (1st floor) VC— Vitality Center</p>	<p>1 9:30 <i>Stretch & Flow (TV 971)</i> 10:00 Page Turners Book Club (3LVD) 12:45 Novel Reading With Nancy (GA) 1:00 Open Swim* (CP) 1:15 Scenic Ride* (CL)</p>	<p>2 10:30 Chapel Worship Service (MC & TV 971) 2:15 Exercises with Wellness Staff (Bethel Room) 3:00 Men's Group (Terrace) 6:30 <i>The Nasa Missions: Ordinary Superman (TV 971)</i></p>	<p>3 <i>11:00 Seated Exercise (TV 971)</i> 1:00 Swim Class** (CP) 1:30 Open Swim** (CP) 2:00 Sunny Treasures Pop-Up Boutique (BR) 3:30 Sunshine Hour (LVP)</p>	<p>4 <i>10:00 Seated Exercise Class (TV 971)</i> 11:00 Visits with Robin 1:30 Bingo with Robin (Bethel Room) 3:00 Puzzle Club (IV/MA) <i>6:30 Fiddler on the Roof (TV 971)</i></p>
<p>5 Happy Birthday, Alta 9:00 Chapel Worship Rebroadcast (TV 971) 3:00 Word Puzzles and Spring Coloring (BR) 6:45 Chapel Worship Rebroadcast (TV 971)</p>	<p>6 <i>10:00 Seated Exercise Class (TV 971)</i> 11:00 Lunch Outing to Tequila Modern Mexican* Lunch Charge* (LVP) 2:30 Bingo (Bethel Room)</p>	<p>7 10:30 Bible Study with Leisa (Terrace - 1st Floor) 2:00 JMU Treble Chamber Choir (Meredith Chapel) 2:15 Exercises with Wellness Staff (Bethel Room) 6:30 <i>Message in a Bottle (TV Channel 971)</i></p>	<p>8 9:30 <i>Stretch & Flow (TV 971)</i> 12:45 Reading w/ Nancy (GA) 1:00 Open Swim* (CP) 1:15 Smiley's Ice Cream Trip* (Corson Lobby) 2:00 Bethel Circle - Massanutten Presbyterian Church Gathering (BR)</p>	<p>9 10:30 Chapel Worship Service (MC & TV 971) 2:15 Exercises with Wellness Staff (Bethel Room) 3:00 Men's Group (Terrace) 3:30 Short Story Reading - "Dear Mr. Blueberry" (GA) 6:30 <i>The Nasa Missions: Friends & Rivals (TV 971)</i></p>	<p>10 10:30 AL Resident Council Meeting (BR) <i>11:00 Seated Exercise (TV 971)</i> 1:00 Swim Class** (CP) 1:30 Open Swim** (CP) 1:30 Tea Party Sip & Social: Mother's Day Event (BT) 3:30 Sunshine Hour (LVP)</p>	<p>11 Happy Birthday, Barbara Stickley <i>10:00 Seated Exercise Class (TV 971)</i> 12:30 Patio & Porch Time 2:30 Resident-Led Bingo Game (BR) <i>6:30 The Russell Girl (TV Channel 971)</i></p>
<p>12 Mother's Day 9:00 Chapel Worship Rebroadcast (TV 971) 10:30 Holiday Coloring and Activity Puzzles (BR) 6:45 Chapel Worship Rebroadcast (TV 971)</p>	<p>13 <i>10:00 Seated Exercise Class (TV 971)</i> 10:15 Manicures (call Cari at x8225 for appt.) 1:00 Bingo (Bethel Room) 2:30 Scenic Drive & Trip to Grammie's Ice Cream in Dayton* (LVP)</p>	<p>14 10:30 Bible Study with Leisa (Terrace - 1st Floor) 12:45 Mystery Adventure Reading with Jim (GA) 1:00 Open Swim* (CP) 2:15 Exercises with Wellness Staff (Bethel Room) 2:45 Drum Circle (BR) 6:30 <i>About A Boy (TV 971)</i></p>	<p>15 9:30 <i>Stretch & Flow (TV 971)</i> 11:15 Lunch at the Highlands* (CL) 12:45 Novel Reading With Nancy (GA) 1:00 Open Swim* (CP) 3:00 Piano with Dotty (Terrace - 1st floor)</p>	<p>16 10:30 Chapel Worship Service (MC & TV 971) 2:15 Exercises with Wellness Staff (Bethel Room) 3:00 Men's Group (Terrace) 6:30 <i>Landing the Eagle (TV971)</i> 6:45 Movie & Popcorn Night: "The Boys in the Boat" (Bethesda Theatre)</p>	<p>17 10:00 All Campus Resident Council Meeting (BT/971) 12:45 Mystery Adventure Reading with Jim (GA) 1:00 Walk to Alice's Closet (Meet at Pannill Entrance) 1:00 Swim Class** (CP) 1:30 Open Swim** (CP) 3:30 Sunshine Hour (LVP)</p>	<p>18 <i>10:00 Seated Exercise Class (TV 971)</i> 12:30 Patio & Porch Time 2:30 Resident-Led Bingo Game (BR) 3:00 Puzzle Club (IV/MA) <i>6:30 Steel Magnolias (TV Channel 971)</i></p>
<p>19 All Day- Activity Packets And Puzzles (BR) 2:00 In-Person Chapel Worship Service (Meredith Chapel) 6:45 Chapel Worship Rebroadcast (TV 971)</p>	<p>20 10:00 Sing-spiration Sing Along Hymns (BR) <i>10:00 Seated Exercise Class (TV 971)</i> 1:00 Bingo (Bethel Room) 2:30 Scenic Ride* (LVP)</p>	<p>21 10:30 Bible Study with Leisa (Terrace - 1st Floor) 12:45 Mystery Adventure Reading with Jim (GA) 1:00 Open Swim* (CP) 2:15 Exercises with Wellness Staff (Bethel Room) 2:45 Sing Along (BR) 6:30 <i>Bread & Tulips (TV 971)</i></p>	<p>22 9:30 <i>Stretch & Flow (TV 971)</i> 10:00 Ladies Target Shopping Trip (LVP) 12:45 Novel Reading With Nancy (GA) 1:00 Open Swim* (CP) 1:00 Trip to Point of View Alpaca Farm* (Corson Lobby)</p>	<p>23 10:30 Chapel Rebroadcast (TV 971 only) 2:00 News w/ Nancy (BT/971) 2:15 Exercises with Wellness Staff (Bethel Room) 3:00 Men's Group (Terrace) 3:30 Short Story Reading - "The Bee Tree" (GA) 6:30 <i>The Explorers (TV 971)</i></p>	<p>24 <i>11:00 Seated Exercise (TV 971)</i> 11:30 Memorial Day Tribute & Pizza Lunch* (BT) 12:30 Monthly Birthday Party for May Birthdays (BT) 1:00 Swim Class** (CP) 1:30 Open Swim** (CP) 1:30 Mystery Adventure Reading with Jim (GA)</p>	<p>25 Happy Birthday, Ruth Happy Birthday, Lillian 9:00 News w/ Nancy (971) <i>10:00 Seated Exercise Class (TV 971)</i> 1:30 Making Chocolate Dipped Fruit (BR) 3:00 <i>Life is Beautiful (971)</i> 7:00 News w/ Nancy (971)</p>
<p>26 All Day- Activity Packets And Puzzles (BR) 2:00 In-Person Chapel Worship Service (Meredith Chapel) 6:45 Chapel Worship Rebroadcast (TV 971)</p>	<p>27 Memorial Day <i>10:00 Seated Exercise Class (TV 971)</i> 1:00 Resident-Led Bingo (Bethel Room) 2:30 Sunshine Hour on Lakeview Patio 6:30 <i>Top Gun (TV 971)</i></p>	<p>28 10:30 Bible Study (Terrace) 12:45 Mystery Adventure Reading with Jim (GA) 1:00 Open Swim* (CP) 2:15 Exercise Class (BR) 2:45 Laugh & Learn with Cindy: Rainbows (BR) 6:30 <i>Top Gun: Maverick (971)</i></p>	<p>29 9:30 <i>Stretch & Flow (TV 971)</i> 12:45 Novel Reading With Nancy (GA) 1:00 Open Swim* (CP) 1:15 Scenic Ride* (Corson Lobby) 3:00 Patio & Porch Visits</p>	<p>30 10:30 Chapel Rebroadcast (TV 971 only) 2:15 Exercises with Wellness Staff (Bethel Room) 3:00 Men's Group (Terrace) 6:30 <i>The Nasa Missions: The Shuttle (TV 971)</i></p>	<p>31 <i>11:00 Seated Exercise (TV 971)</i> 12:45 Mystery Adventure Reading with Jim (GA) 1:00 Swim Class** (CP) 1:30 Open Swim** (CP) 1:30 Root Beer Floats (TR) 2:00 Patio Party (Terrace)</p>	<p>Listings in italics are TV broadcasts</p> <p>See dining room bulletin boards for daily updates and schedule changes</p>