

Assisted Living Activities March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 10:00 Full Moon Trivia (BR) 2:00 Chapel Service (MC) 6:45 Chapel Service (971)</p>	<p>2 10:00 Coffee & Connections: A Sunny Social (BR) 1:00 Bingo (Bethel Room) 2:30 St. Patty's Craft (AC) 3:30 Volunteer Visits 6:00 Board Games (BR)</p>	<p>3 <i>Full "Worm" Moon</i> 10:30 Food Focus Group (AC) 12:45 Reading Group (GA) 2:15 Exercise Class (BR) 2:45 Drum Circle (BR) 6:30 <i>Ice Station Zebra</i> (971)</p>	<p>4 10:00 Page Turners Book Club (3LVD) 1:00 Open Swim* (CP) 1:30 Alice's Closet (call 8225) 3:00 Game Hour (BR)</p>	<p>5 <i>Henry Lineweaver, Bill Russell, Alan W's Birthday</i> 10:30 Kelly's Bible Chat (TR) 1:15 Irish Themed Concert By Miriam Clark (BR) 2:15 Exercise Class (BR) 3:00 Men's Group (Terrace) 3:15 Short Story Society (GA) 6:30 <i>Animal Rescues</i> (971)</p>	<p>6 10:30 Chat & Color (BR) 12:45 Reading Group (GA) 1:00 Swim Class* (CP) 1:30 Open Swim* (CP) 2:00 James "Blue" Curry - Oldies Concert (BT) 3:30 Music with Kate (TR)</p>	<p>7 10:00 <i>Exercise Class</i> (971) 2:00 Bingo with AJ (BR) 6:30 <i>Fly Away Home</i> (971)</p>
<p>8 <i>Joanie Dreisch's Birthday Daylight Saving Time Ends</i> 10:00 Flower Puzzles (BR) 2:00 Chapel Service (MC) 6:45 Chapel Service (971)</p>	<p>9 10:00 Coffee Connections: A Sunny Social (BR) 1:00 Bingo (Bethel Room) 2:30 Ice Cream Trip to Kline's* (LVP) 6:00 Board Games (BR)</p>	<p>10 <i>Larry Phillips's Birthday</i> 10:30 Spring Craft (AC) 12:45 Reading with Jim (GA) 2:15 Exercise Class (BR) 2:45 Drum Circle with Gayle (BR) 6:30 <i>Pillow Talk</i> (971)</p>	<p>11 11:15 Lunch at the Highlands* (LVP) 12:45 Piano with Ellie (BR) 1:00 Open Swim* (CP) 2:00 Bethel Circle (BR) 3:00 Game Hour (BR)</p>	<p>12 10:30 Kelly's Bible Chat (TR) 1:15 Piano Sing Along (BR) 2:15 Exercise Class (BR) 3:30 New Horizons Band (MC) 6:30 <i>Animal Rescues</i> (971)</p>	<p>13 10:30 Chat & Color (BR) 12:45 Reading with Jim (GA) 1:00 Swim Class* (CP) 1:30 Open Swim* (CP) 1:30 St. Patrick's Floats (BT) 2:00 Bagpipe Concert (BT) 3:30 Music with Kate (TR)</p>	<p>14 10:00 <i>Exercise Class</i> (971) 2:00 Bingo with Kaylee (Bethel Room) 6:30 <i>Brooklyn</i> (971)</p>
<p>15 10:00 St. Patrick's Activity Packet (BR) 2:00 Chapel Service (MC) 6:45 Chapel Service (971)</p>	<p>16 <i>Mae Guthrie's Birthday</i> 10:00 Coffee Connections: Shamrock Talk (BR) 1:00 Bingo (Bethel Room) 2:00 Shenandoah Park Skyline Drive* (LVP) 6:00 Board Games (BR)</p>	<p>17 <i>St. Patrick's Day</i> 10:30 Leisa's Bible Study (TR) 12:45 Reading with Jim (GA) 2:15 Exercise Class (BR) 2:45 St. Patrick's Social (BR) 6:30 <i>The Quiet Man</i> (971)</p>	<p>18 <i>Ann Barner's Birthday</i> 10:00 Game Hour (BR) 1:00 Open Swim* (CP) 2:00 A WWII Memoir Presentation (BT)</p>	<p>19 10:30 Aqua Rehab Talk (BT) 1:15 Musical Memories (BT) 2:15 Exercise Class (BR) 3:00 Men's Group (Terrace) 3:15 Short Story Society (GA) 6:30 <i>Sinatra in Palm Springs Documentary</i> (971)</p>	<p>20 <i>Beverly Doll's Birthday First Day of Spring</i> 10:30 Chat & Color (BR) 12:45 Reading with Jim (GA) 1:00 Swim Class* (CP) 1:30 Open Swim* (CP) 2:00 Elvis Impersonator Concert (BT) 3:30 Music with Kate (TR)</p>	<p>21 10:00 <i>Exercise Class</i> (971) 2:00 Bingo with Kaylee (Bethel Room) 6:30 <i>Von Ryan's Express</i> (channel 971)</p>
<p>22 <i>Dr. Scharnbeck's Birthday</i> 10:00 Springtime Puzzles (Bethel Room) 2:00 Chapel Service (MC) 6:45 Chapel Service (971)</p>	<p>23 10:00 Coffee Connections: A Sunny Social (BR) 10:30 Lunch & Shopping At The Shenandoah Heritage Market* (LVP) 1:00 Bingo (Bethel Room) 2:30 Skyline Duo (BT) 6:00 Board Games (BR)</p>	<p>24 10:30 Leisa's Bible Study (TR) 12:45 Reading with Jim (GA) 2:15 Exercise Class (BR) 2:45 Gail's Drum Circle (BR) 6:30 <i>Teacher's Pet</i> (971)</p>	<p>25 10:00 Shopping Trip to Target* (LVP) 12:45 Piano with Ellie (BR) 1:00 Open Swim* (CP) 2:00 Town Hall (BT) 2:00 Alice's Closet (call 8225) 3:15 Short Story Society (GA)</p>	<p>26 10:30 Kelly's Bible Chat (TR) 1:15 Piano Sing Along (BR) 2:15 Exercise Class (BR) 3:00 Men's Group (Terrace) 6:30 <i>Dogs on the Jobs—Ep. 1 "Wolves Become Dogs"</i></p>	<p>27 <i>Marian Treackle's Birthday</i> 10:30 Chat & Color (BR) 12:45 Reading with Jim (GA) 1:00 Swim Class* (CP) 1:30 Open Swim* (CP) 2:00 March Birthday Party (BT) 3:30 Music with Kate (TR)</p>	<p>28 10:00 <i>Exercise Class</i> (971) 2:00 JMU Black Ties Acapella Choir (BT) 3:00 Bingo with AJ (BR) 6:30 <i>How Green Was My Valley</i> (971)</p>
<p>29 <i>Dick Hatch's Birthday</i> 10:00 Pink Moon Trivia (BR) 2:00 Chapel Service (MC) 6:45 Chapel Service (971)</p>	<p>30 10:00 Hearing at Home Program: Part 1 (BT) 10:00 Coffee Connect (BR) 11:15 Men's Lunch Outing To Joe's Diner* (CL) 1:00 Bingo (Bethel Room) 6:00 Board Games (BR)</p>	<p>31 10:30 Leisa's Bible Study (TR) 12:45 Reading with Jim (GA) 2:15 Exercise Class (BR) 2:45 Drum Circle (BR) 6:30 <i>The Sandlot</i> (971)</p>	<p>See dining room bulletin boards for updates and schedule changes</p> <p><i>Listings in italics are broadcast on TV channel 971 only</i></p>	<p>AC — Arts & Crafts Room BR — Bethel Room (2nd) BT—Bethesda Theater (2nd) CL — Corson Lobby (1st) CP — Corson Pool (1st) GA — Galway Lounge (2nd) 3LVD -Lakeview Dining (3rd)</p>	<p>LVP — Lakeview Patio (2nd) MC — Meredith Chapel (1st) MO — Monroe Lounge (3rd) PG — Parks Garden (2nd) TR— Terrace Memory Care Unit (1st floor) VC— Vitality Center</p>	 <p>*please sign up by calling Life Enrichment at X8225</p>