THE EILAND
ASSISTED LIVING CENTER
PRESENTS

The Sunnyside Up

June 2023

Happy Birthday

Wally Johnson - 3rd
Nancy Fletcher - 8th
Charlie Bell - 24th
Ed Parks - 26th

"Since all this loveliness
cannot be Heaven,
I know in my heart
it is June."
– Abba Woolson

Special Activities

- **Page Turners- for all readers**
  Thursday, June 1st at 10:00 am (3rd Lakeview Dining Room)

- **"The Great Outdoors" Themed Lunch**
  Wednesday, June 7th at 11:30 am (All Dining Rooms)

- **Pot Grower's Club with Pat**
  Friday, June 9th and June 30th at 1:15 pm (Lakeview Patio)

- **Classic & antique Car Show**
  Sunday, June 11th from 1:30 - 4:00 pm (Main Parking Lot)

- **Men's Meeting Group**
  Every Thursday at 1:00 pm (Terrace Dining Room- 1st floor)

- **News with Nancy Broadcast (TV 971)**
  Saturday, June 24th at 9:00 am and 7:00 pm

- **Tour of the Main Kitchen - Hosted by Linda Davis & Team**
  Wednesday, June 28th at 2:30 pm (Meets in 2nd Floor Dining Area)

Corson Wellness Center
Pool Schedule

TUESDAY	FRIDAY	
Open Swim 1 PM - 1:45 PM	Open Swim 1 PM—1:30 PM	Total Body Movement Class 1:30 PM - 2 PM

Call 8276 to schedule an afternoon time to swim

Trips & Outings

Scenic Rides* (departs at Lakeview Patio)
Monday, June 5th at 2:00 pm
Friday, June 23rd and 30th at 10:00 am

*Sign up Encouraged, otherwise seats are first come, first serve.

Travel Club at the Highlands - Costa Rica (Transportation Exit)
Thursday, June 8th at 12:30 pm

*Sign up required, 10 seats total

Trip to Downtown Art Gallery - Artists of Sunnyside Show
Monday, June 12th at 2:00 pm

*Sign up encouraged, 7 seats total

Lunch at the Highlands* (Departs at transportation exit)
Wednesday, June 14th at 11:30 am

*Sign up required, 7 seats total

Ladies Shopping Trip to Target* (departs at Lakeview Patio)
Wednesday, June 21st at 10:00 am

*Sign up required, 8 seats total

smiley's Ice Cream Outing* (departs at lakeview patio)
Monday, June 26th at 2:30 pm

*Sign up encouraged, 13 seats total

*Please call Cari at x8225 to sign up

or if you have any questions

All outings are weather dependent.
Updates will be posted on bulletin boards if a ride must be cancelled.

Presentations & Gatherings

Guitar Music and Sing Along - hosted by student Volunteers
Tuesday, June 6th at 2:45 pm (Terrace, After exercise)

Piano Performance with Ruth Williams
Thursday, June 1st at 3:00 pm (Terrace - 1st floor living area)
Thursday, June 15th at 3:00 pm (Monroe Lounge- 3rd Floor)

Bible Study with Donna
Monday, June 12th at 10:30 am (Galway Lounge)

Terrace Patio Pizza Party - Father's Day & Friends Event
Friday, June 16th at 11:15 am (Terrace Patio - 1st Floor)

Sing-Spiration Sing Along Hymns
Monday, June 19th at 10:00 am (Galway Lounge - 2nd Floor)

Shenandoah National Park Ranger Presentation
Wednesday, June 21st at 1:00 pm (Meredith chapel, if open)

Piano Music with Dotty
Wednesday, June 21st at 3:00 pm (Terrace - 1st floor)

Local and Exotic Fruit Tasting Party
Friday, June 23rd at 1:30 pm (Lakeview Patio)

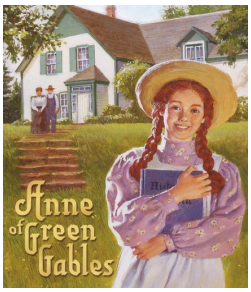
Drum Circle with Deion
Tuesday, June 27th at 2:45 pm (Terrace, after exercise class)

updates from The Eiland Center Library

Library Volunteers continue to bring residents joy through the gift of reading! This month we are introducing many new titles!

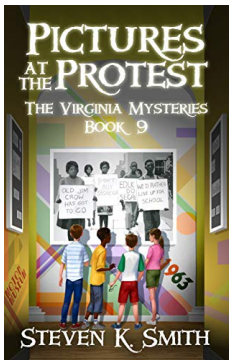
Book Readings at 12:45 pm

Every Wednesday



Come join Nancy for a chapter of ***"Anne of Green Gables" every Wednesday at 12:45 in the Galway Lounge*** *on 2nd floor. This classic novel written by L.M. Montgomery follows the childhood of an imaginative, red-headed recently adopted orphan and her friends on Prince Edward Island. You won't want to miss it!*

Every Tuesday & Friday



Come ***every Tuesday and Friday at 12:45 to the Galway Lounge*** *to hear Jim Fisher read a chapter from book 9 of the Virginia Mystery Series!* ***Pictures at the Protest*** *involves brothers Sam and Derek and their friend Caitlin who love solving mysteries. A new mystery is at hand—identifying in long-hidden photographs the brave African American teenagers who courageously stood up for civil rights nearly sixty years ago.*

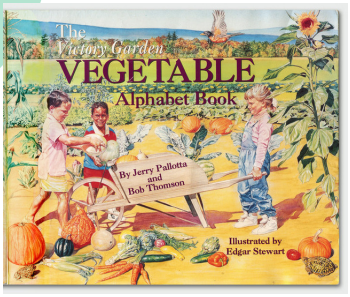
Short Stories at 3:30 pm

Every other Thursday

Short Stories by Leo Lionni

Leo Lionni was born into a family that appreciated art, and, from a very young age, he knew he wanted to be an artist. He loved nature and started keeping small creatures—minnows, birds, fish, and more - in his attic room in Amsterdam.

Thursday, June 8th at 3:30 pm in the Galway Lounge



The Victory Garden Vegetable Alphabet Book

Author Jerry Pallotta shares a wonderful blend of facts and humor to make learning about vegetable gardening fun and easy. Learn about fiddleheads, munchkin pumpkins, snow peas, walla wallas, and more! Beautiful color illustrations lead us through a brief introduction to soil preparation and seed planting, as well as through a discovery of both common and exotic vegetables.

Thursday, June 22nd at 3:30 pm in the Galway Lounge

Resident Spotlight

CHARLIE BELL

Charlie loves traveling! His most recent tropical cruise was this spring, but he has traveled on cruises all over the world!

Charlie Bell was born in Brooklyn, New York. He will be celebrating his 92nd birthday this month! Charlie has 7 wonderful children and he is retired U S Navy. Charlie spent many happy years in Boston before moving to Virginia. He is well known and loved for his singing voice and great talents of entertaining!

CHARLIE BELL