



January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LIB - Library FL - Front Lobby TR - Theater Room BR- Brunswick Dining Room BP- Back Parking Lot	WC - Wellness Center WCCR - Wellness Center Conference Room GAL-Gallery JT- Jacob's Tavern FP- Front Parking			1  6:00 Thirteen-FL	2 9:15 Strength & Stretch - WC 11:00 Cardio Drumming-WC 1:00 Mexican Train Dominoes-FL	3 1:30 Creativity & Convo-4th Floor Solarium 6:00-Thirteen-FL
4 3:30 Vespers-Chapel <i>Al Tuten</i> <i>New Hope United Methodist Church</i> 6:00 Poetry Out Loud-3rd FL Solarium	5 9:15 Strength & Stretch - WC 10:00 UNO- FL 11:00 Cardio Drumming-WC 2:30 Strength & Stretch-WC 3:00 Tales & Travel: Iceland-TR	6 9:15 Let's Get Moving -WC 1:30 UNO- FL 2:00 Shopping Trip 6:00 Thirteen- FL	7 9:15 Strength & Stretch-WC 12:00-2:00 Pickle Ball-WC 2:30 Seated Volleyball-WC 3:00 Music: The JTR Trio-GAL	8 9:30 Better Balance- WC 1:00 Chatting w/ Friends - TR 2:00 Shopping Trip 6:00 Thirteen-FL	9 9:00 Trip to Bonobos Bakery-(bus leaves at 9:00am) 9:15 Strength & Stretch - WC 11:00 Cardio Drumming-WC 1:00 Mexican Train Dominoes-FL	10 1:30 Creativity & Convo-4th Floor Solarium 2:00 Music: Rockfish Presbyterian Children's Choir-GAL 6:00-Thirteen-FL
11 3:30 Vespers- Chapel <i>Samantha Coggins</i> <i>First Presbyterian in Waynesboro</i> 6:00 Poetry Out Loud-3rd FL Solarium	12 9:15 Strength & Stretch - WC 10:00 UNO- FL 11:00 Cardio Drumming-WC 2:30 Strength & Stretch-WC 3:00 Music Appreciation: Patsy Cline-GAL	13 9:15 Let's Get Moving -WC 1:30 UNO- FL 2:00 Shopping Trip 3:00 Second Tuesday Meeting-GAL (Note Time Change) 6:00 Thirteen- FL	14 9:15 Strength & Stretch-WC 10:00 Hearing at Home-(Call Clinic for Appt) 12:00 Dani's Pizza (bus leaves at 11:30am) 12:00-2:00 Pickle Ball-WC	15 9:30 Better Balance- WC 1:00 Chatting w/ Friends - TR 2:00 Shopping Trip 6:00 Thirteen-FL	16 9:15 Strength & Stretch - WC 11:00 Cardio Drumming-WC 1:00 Mexican Train Dominoes-FL 3:15 Life Matters with Annie Foerster-GAL	17 1:30 Creativity & Convo-4th Floor Solarium 6:00-Thirteen-FL
18 3:30 Vespers- Chapel <i>Janet Knott</i> <i>Retired Methodist Pastor</i> 6:00 Poetry Out Loud-3rd FL Solarium	19 10:00 UNO- FL Martin Luther King Jr Day Massage Day (Please call Savannah x3119 to make an appointment)	20 9:15 Let's Get Moving -WC 10:30 Bible Study-Chapel 1:30 UNO- FL 2:00 Shopping Trip 6:00 Thirteen- FL 7:00 Wayne Theatre: Signature Speaker Series Science Talk (bus leaves at 6:30pm)	21 9:15 Strength & Stretch-WC 12:00-2:00 Pickle Ball-WC 2:30 Seated Volleyball-WC	22 9:30 Better Balance- WC 1:00 Chatting w/ Friends - TR 2:00 Shopping Trip 2:00 Outing: Hobby Lobby & Belk (bus leaves at 1:30pm) 6:00 Thirteen-FL	23 9:15 Strength & Stretch - WC 11:00 Cardio Drumming-WC 1:00 Mexican Train Dominoes-FL 2:00 Wine Club-JT	24 1:30 Creativity & Convo-4th Floor Solarium 6:00-Thirteen-FL
25 3:30 Vespers- Chapel <i>Joe Klotz</i> <i>Retired Methodist Pastor</i> 6:00 Poetry Out Loud 3rd FL Solarium	26 9:15 Strength & Stretch - WC 10:00 UNO- FL 11:00 Cardio Drumming-WC 2:30 Strength & Stretch-WC 6:00 Bingo Night-GAL	27 9:15 Let's Get Moving -WC 10:30 Bible Study-Chapel 1:30 UNO- FL 2:00 Shopping Trip 3:00 Birthday Social-GAL 6:00 Thirteen- FL	28 9:15 Strength & Stretch-WC 12:00-2:00 Pickle Ball-WC 2:30 Documentary Series "America's Wealthiest Family"-TR	29 9:30 Better Balance- WC 1:00 Chatting w/ Friends - TR 2:00 Shopping Trip 3:00 Music: John Lockridge-GAL 6:00 Thirteen-FL	30 9:15 Strength & Stretch - WC 11:00 Cardio Drumming-WC 1:00 Mexican Train Dominoes-FL 2:00 Outing: Sip City Soda Shop (bus leaves at 1:45pm)	31 1:30 Creativity & Convo-4th Floor Solarium 6:00-Thirteen-FL