

# January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>LIB</b> - Library <b>FL</b> - Front Lobby <b>TR</b> - Theater Room <b>BR</b> - Brunswick <b>Dining Room</b> <b>BP</b> - Back Parking Lot	<b>WC</b> - Wellness Center <b>WCCR</b> - Wellness Center Conference Room <b>GAL</b> -Gallery <b>JT</b> - Jacob's Tavern <b>FP</b> - Front Parking			<b>1</b>  <b>6:00 Thirteen-FL</b>	<b>2</b> <b>9:15 Strength &amp; Stretch - WC</b> <b>11:00 Cardio Drumming-WC</b> <b>1:00 Mexican Train Dominoes-FL</b>	<b>3</b> <b>1:30 Creativity &amp; Convocation</b> <b>4th Floor Solarium</b> <b>6:00-Thirteen-FL</b>
<b>4</b> <b>3:30 Vespers-Chapel</b> <i>Al Tuten</i> <b>New Hope United Methodist Church</b> <b>6:00 Poetry Out Loud-</b> <b>3rd FL Solarium</b>	<b>5</b> <b>9:15 Strength &amp; Stretch – WC</b> <b>10:00 UNO– FL</b> <b>11:00 Cardio Drumming-WC</b> <b>2:30 Strength &amp; Stretch-WC</b> <b>3:00 Tales &amp; Travel: Iceland-TR</b>	<b>6</b> <b>9:15 Let's Get Moving -WC</b> <b>1:30 UNO– FL</b> <b>2:00 Shopping Trip</b> <b>6:00 Thirteen– FL</b>	<b>7</b> <b>9:15 Strength &amp; Stretch-WC</b> <b>12:00-2:00 Pickle Ball-WC</b> <b>2:30 Seated Volleyball-WC</b> <b>3:00 Music: The JTR Trio-GAL</b>	<b>8</b> <b>9:30 Better Balance– WC</b> <b>1:00 Chatting w/ Friends - TR</b> <b>2:00 Shopping Trip</b> <b>6:00 Thirteen– FL</b>	<b>9</b> <b>9:00 Trip to Bonobos Bakery- (bus leaves at 9:00am)</b> <b>9:15 Strength &amp; Stretch - WC</b> <b>11:00 Cardio Drumming-WC</b> <b>1:00 Mexican Train Dominoes-FL</b>	<b>10</b> <b>1:30 Creativity &amp; Convocation</b> <b>4th Floor Solarium</b> <b>2:00 Music: Rockfish Presbyterian Children's Choir-GAL</b> <b>6:00-Thirteen-FL</b>
<b>11</b> <b>3:30 Vespers– Chapel</b> <i>Samantha Coggins</i> <b>First Presbyterian in Waynesboro</b> <b>6:00 Poetry Out Loud-</b> <b>3rd FL Solarium</b>	<b>12</b> <b>9:15 Strength &amp; Stretch – WC</b> <b>10:00 UNO– FL</b> <b>11:00 Cardio Drumming-WC</b> <b>2:30 Strength &amp; Stretch-WC</b> <b>3:00 Music Appreciation: Patsy Cline-GAL</b>	<b>13</b> <b>9:15 Let's Get Moving -WC</b> <b>1:30 UNO– FL</b> <b>2:00 Shopping Trip</b> <b>3:00 Second Tuesday Meeting-GAL (Note Time Change)</b> <b>6:00 Thirteen– FL</b>	<b>14</b> <b>9:15 Strength &amp; Stretch-WC</b> <b>10:00 Hearing at Home-(Call Clinic for Appt)</b> <b>12:00 Dani's Pizza (bus leaves at 11:30am)</b> <b>12:00-2:00 Pickle Ball-WC</b>	<b>15</b> <b>9:30 Better Balance– WC</b> <b>1:00 Chatting w/ Friends - TR</b> <b>2:00 Shopping Trip</b> <b>6:00 Thirteen– FL</b>	<b>16</b> <b>9:15 Strength &amp; Stretch - WC</b> <b>11:00 Cardio Drumming-WC</b> <b>1:00 Mexican Train Dominoes-FL</b> <b>3:15 Life Matters with Annie Forster-GAL</b>	<b>17</b> <b>1:30 Creativity &amp; Convocation</b> <b>4th Floor Solarium</b> <b>6:00-Thirteen-FL</b>
<b>18</b> <b>3:30 Vespers– Chapel</b> <i>Janet Knott</i> <b>Retired Methodist Pastor</b> <b>6:00 Poetry Out Loud-</b> <b>3rd FL Solarium</b>	<b>19</b> <b>10:00 UNO– FL</b> <b>Martin Luther King Jr Day</b>  <b>Massage Day (Please call Savannah x3119 to make an appointment)</b>	<b>20</b> <b>9:15 Let's Get Moving -WC</b> <b>10:30 Bible Study-Chapel</b> <b>1:30 UNO– FL</b> <b>2:00 Shopping Trip</b> <b>6:00 Thirteen– FL</b> <b>7:00 Wayne Theatre: Signature Speaker Series Science Talk (bus leaves at 6:30pm)</b>	<b>21</b> <b>9:15 Strength &amp; Stretch-WC</b> <b>12:00-2:00 Pickle Ball-WC</b> <b>2:30 Seated Volleyball-WC</b>	<b>22</b> <b>9:30 Better Balance– WC</b> <b>1:00 Chatting w/ Friends - TR</b> <b>2:00 Shopping Trip</b> <b>2:00 Outing: Hobby Lobby &amp; Belk (bus leaves at 1:30pm)</b> <b>6:00 Thirteen– FL</b>	<b>23</b> <b>9:15 Strength &amp; Stretch - WC</b> <b>11:00 Cardio Drumming-WC</b> <b>1:00 Mexican Train Dominoes-FL</b> <b>2:00 Wine Club-JT</b>	<b>24</b> <b>1:30 Creativity &amp; Convocation</b> <b>4th Floor Solarium</b> <b>6:00-Thirteen-FL</b>
<b>25</b> <b>3:30 Vespers– Chapel</b> <i>Joe Klotz</i> <b>Retired Methodist Pastor</b> <b>6:00 Poetry Out Loud</b> <b>3rd FL Solarium</b>	<b>26</b> <b>9:15 Strength &amp; Stretch – WC</b> <b>10:00 UNO– FL</b> <b>11:00 Cardio Drumming-WC</b> <b>2:30 Strength &amp; Stretch-WC</b> <b>6:00 Bingo Night-GAL</b>	<b>27</b> <b>9:15 Let's Get Moving -WC</b> <b>10:30 Bible Study-Chapel</b> <b>1:30 UNO– FL</b> <b>2:00 Shopping Trip</b> <b>3:00 Birthday Social-GAL</b> <b>6:00 Thirteen– FL</b>	<b>28</b> <b>9:15 Strength &amp; Stretch-WC</b> <b>12:00-2:00 Pickle Ball-WC</b> <b>2:30 Documentary Series "America's Wealthiest Family"-TR</b>	<b>29</b> <b>9:30 Better Balance– WC</b> <b>1:00 Chatting w/ Friends - TR</b> <b>2:00 Shopping Trip</b> <b>3:00 Music: John Lockridge-GAL</b> <b>6:00 Thirteen– FL</b>	<b>30</b> <b>9:15 Strength &amp; Stretch - WC</b> <b>11:00 Cardio Drumming-WC</b> <b>1:00 Mexican Train Dominoes-FL</b> <b>2:00 Outing: Sip City Soda Shop (bus leaves at 1:45pm)</b>	<b>31</b> <b>1:30 Creativity &amp; Convocation</b> <b>4th Floor Solarium</b> <b>6:00-Thirteen-FL</b>