

FEBRUARY
2026

EILAND CENTER
ASSISTED LIVING PRESENTS

THE
Sunnyside
UP

Happy Birthday

Florence Raynal - 12th

Betty DeGraff - 14th

Beth Anne Hayduk - 15th

Lois Johnson - 17th

Theresa Rozmus - 23rd

Harry Lee - 24th

Betty Lawrence - 26th

Les West - 26th

Jim Hairston - 28th



Special Events



● **COFFEE & CONVERSATIONS: A SUNNY SOCIAL**
EVERY MONDAY IN FEBRUARY AT 10:00 AM (BETHEL ROOM)

● **ASSISTED LIVING RESIDENT COUNCIL MEETING**
FRIDAY, FEBRUARY 6TH AT 10:30 AM (BETHEL ROOM)

● **ME & MARTHA - MASTERS OF APPALACHIAN MUSIC**
FRIDAY, FEBRUARY 6TH AT 2:00 AM (BETHESDA THEATER)

● **MUSIC & DANCING WITH NICK BERKIN**
THURSDAY, FEBRUARY 12TH AT 5:30 PM (BETHESDA THEATER)

● **ROCKINGHAM SPCA ANIMAL EDUCATION PRESENTATION**
FRIDAY, FEBRUARY 13TH AT 2:00 PM (BETHESDA THEATER)

● **GRATEFUL JOURNEY CONCERT**
SATURDAY, FEBRUARY 14TH AT 2:00 PM (BETHESDA THEATER)

● **MARDI GRAS PARTY WITH KING CAKE SURPRISES**
TUESDAY, FEBRUARY 17TH AT 1:00 PM (BETHEL ROOM)

● **MARDI GRAS CONCERT - KEN & HIS RHYTHM CHANGERS**
TUESDAY, FEBRUARY 17TH AT 3:00 PM (BETHESDA THEATER)

● **JMU ICE CREAM SOCIAL WITH POTA STUDENTS**
WEDNESDAY, FEBRUARY 18TH AT 2:00 PM (BETHESDA THEATER)

● **MONTHLY BIRTHDAY PARTY FOR FEBRUARY**
FRIDAY, FEBRUARY 20TH AT 2:00 PM (BETHESDA THEATER)

● **DEION'S WELLNESS DAY DANCE**
FRIDAY, FEBRUARY 27TH AT 2:00 PM (BETHESDA THEATER)





Trips & Outings

● **SCENIC DRIVE***

MONDAY, FEBRUARY 2ND AT 2:30 PM (CORSON LOBBY)

● **SHOPPING TRIP TO VALLEY PIKE FARMER'S MARKET***

MONDAY, FEBRUARY 9TH AT 2:30 PM (CORSON LOBBY)

● **LUNCH AT THE HIGHLANDS***

WEDNESDAY, FEBRUARY 11TH AT 11:15 AM (CORSON LOBBY)

● **LUNCH OUTING TO TEXAS ROADHOUSE***

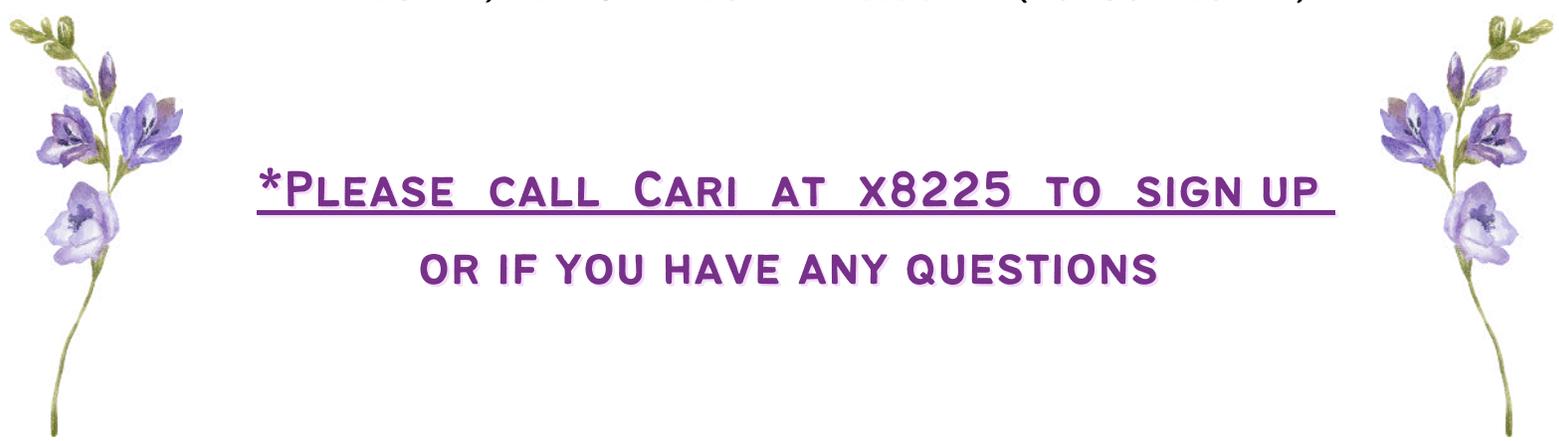
MONDAY, FEBRUARY 16TH AT 11:00 AM (CORSON LOBBY)

● **SMILEY'S ICE CREAM OUTING***

MONDAY, FEBRUARY 23RD AT 2:30 PM (CORSON LOBBY)

● **LADIES SHOPPING TRIP TO TARGET***

WEDNESDAY, FEBRUARY 25TH AT 10:00 AM (CORSON LOBBY)

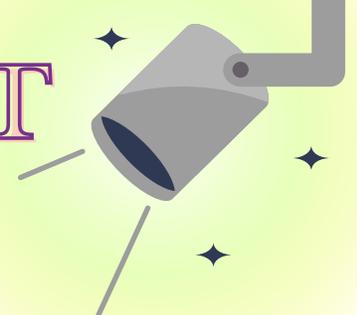


***PLEASE CALL CARI AT X8225 TO SIGN UP**
OR IF YOU HAVE ANY QUESTIONS

**ALL DEPARTURES WILL TAKE PLACE AT THE CORSON LOBBY
UNTIL SPRINGTIME DUE TO THE UNPREDICTABLE WEATHER**

RESIDENT SPOTLIGHT

Karen Alley



KAREN'S FAVORITES

Music - Frank Sinatra

Restaurant - Vitos

Food - Italian/Chinese

Animals - Dog

Color- Yellow

Movie- Guess Who's Coming to Dinner

Books - Jane Eyre,
To Kill A Mockingbird,
Gone with The Wind



ALL ABOUT ME

Karen Alley was born in North Fork, West Virginia, and later grew up in Huntington, West Virginia. After graduating from high school, she continued her education at a Practical Nursing school and went on to work in a hospital as a Licensed Practical Nurse (LPN), where she dedicated herself to caring for others. Karen married her true love, Oscar, and together they raised three beautiful children in Kentucky, where they made their home for 37 years. Eventually, they moved to the Valley when their daughter opened a medical office and invited her father to serve as the office manager, allowing the family to remain close and supportive of one another. In her spare time, Karen enjoys anything that keeps her hands busy whether it's coloring, creating simple arts and crafts, reading or spending time in the kitchen preparing delicious treats that everyone looks forward to enjoying. Karen even won two county fair blue ribbons last year for her amazing banana bread and coffee cake! Karen is truly a joy to be around and brings a warm, uplifting spirit wherever she goes. She has become a cherished part of the Sunnyside community, and we are incredibly thankful to have her with us. Karen Alley is a ray of sunshine!

