


Eiland Center Activities September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>** please sign up with Life Enrichment , call x8225</p>	AC — Arts & Crafts Room BR — Bethel Room (2nd) CL — Corson Lobby (1st) CP — Corson Pool (1st) GA — Galway Lounge (2nd) IV — Inverness Room (2nd) 3LVD -Lakeview Dining (3rd) LVP — Lakeview Patio (2nd)	LY — Lyons Pavilion MA — Madison Lounge (3rd) MC — Meredith Chapel (1st) MO — Monroe Lounge (3rd) PG — Parks Garden (2nd) TR— Terrace Memory Care Unit (1st floor) VC— Vitality Center	<p><i>We will be watching caterpillars grow into butterflies this month!</i></p> <p><i>We will post an update when they are ready to be released on the Lakeview Patio so everyone can attend!</i></p>	<p>National Assisted Living Week is celebrated on September 10th-16th</p> <p>All outings are weather permitting. All activities last 30+ minutes</p>	1 8:30 A Time for Prayer (MC) 10:00 Page Turners (3rd LVD) 11:00 Seated Exercise Class (TV 971) 1:30 Swim Class** (Corson Pool Area) 2:30 Bingo (BR)	2 9:00 News w/ Nancy (TV 971) 10:00 Exercises (TV 971) 11:45 Visits with Robin 1:00 Chess Club (BR) 2:30 Flower Arranging Craft (BR) 7:00 News w/ Nancy (TV)
3 9:00 Chapel Worship Service (TV 971) 10:30 Patio Porch Time (LVP and IV Porch) 1:00 Mary Poppins (TV 971) 6:45 Chapel Worship Service (TV 971)	4 Labor Day 10:00 Seated Exercise Class (TV 971) 12:30 Puzzle Hour (IV & MA) 2:00 Labor Day Activity Packets (BR) 5:00 After Supper Patio Hour (Lakeview Patio)	5 12:45 Virtual Travel & Treats: Japan (BR) 1:00 Open Swim** (CP) 2:15 Exercises with Wellness Staff (BR) 2:45 Sing Along Circle (BR) 6:30 Jeremiah Johnson (TV 971)	6 9:30 Stretch & Flow Seated Exercises (TV 971) 10:00 Ladies Shopping Trip to Dollar Tree** (LVP) 12:45 Classic Novel Reading With Nancy (GA) 1:15 Scenic Ride** (CL) 3:00 Puzzle Hour (IV & MA)	7 10:30 Chapel Worship Service (TV 971) 1:00 Men's Group (Terrace) 2:15 Exercises w/ WS (BR) 3:30 Short Story Reading - "Legend of the Indian Paintbrush" (GA) 6:30 Planet Earth II: Cities Documentary (TV 971)	8 8:30 A Time for Prayer (MC) 11:00 Seated Exercise Class (TV 971) 11:00 -3:30 Fundraiser for the Alzheimer's Association (Elevated Hallway—2nd) 1:30 Swim Class** (CP) 2:30 Bingo (BR)	9 10:00 Seated Exercise Class (TV 971) 11:45 Visits with Robin 1:00 Chess Club (BR) 2:30 Piano Sing Along with Ruth Williams (Bethel Room) 6:00 Prayer Service for Hawaii (MC & TV971)
10 National Assisted Living Week Begins! 9:00 Chapel Worship Service (TV 971) 10:30 Patio Porch Time (LVP and IV Porch) 1:00 Pinocchio (TV 971) 6:45 Chapel Worship Service (TV 971)	11 10:00 Seated Exercise Class (TV 971) 10:30 Morning Bingo (BR) 12:30 Puzzle Hour (IV & MA) 1:30 - 3:30 Horse & Carriage Rides (Corson Lobby)	12 12:45 Lavender Talk and Making Sachets (LVP) 1:00 Open Swim ** (CP) 2:15 Exercises with Wellness Staff (BR) 2:45 Drum Circle (BR) 6:30 O Brother Where Art Thou (TV 971)	13 9:30 Stretch & Flow (TV971) 10:00 Yogurt Parfait Snack Cart (all floors) 12:45 Classic Novel Reading With Nancy (GA) 2:00 Bethel Circle— Massanutten Presbyterian Church Gathering (BR)	14 Jim Nelson's Birthday All Day - Sunnyside Word Puzzles and Prizes (BR) 10:30 Chapel Worship Service (TV 971) 12:30 Travel Club at the Highlands ** (CL) 1:00 Men's Group (Terrace) 2:15 Exercises w/ WS (BR) 6:30 Grasslands (TV 971)	15 8:30 A Time for Prayer (MC) 11:00 Seated Exercise Class (TV 971) 1:15 Apple Cider & Caramel Treats at Firepits (LVP) 1:30 Swim Class** (CP) 2:30 Bingo (BR)	16 10:00 Seated Exercise Class (TV 971) 12:30 "Gone with the Wind" Movie Showing (TV 971) 1:00 Chess Club (BR)
17 9:00 Chapel Worship Service (TV 971) 10:30 Patio Porch Time (LVP and IV Porch) 1:00 Cinderella (TV 971) 6:45 Chapel Worship Service (TV 971)	18 Leo Stoloff's Birthday 10:00 Sing-spiration Sing Along Hymns (BR) 10:00 Seated Exercise Class (TV 971) 1:00 Bingo (BR) 2:30 Scenic Drive (LVP)	19 12:45 Virtual Travel & Treats: France (BR) 1:00 Open Swim** (CP) 2:15 Exercises w/ WS (BR) 2:45 Sing Along Circle (BR) 6:30 Alfred Hitchcock's North By Northwest (TV 971)	20 9:30 Stretch & Flow (TV971) 11:15 Lunch at the Highlands** (CL) 12:45 Classic Novel Reading With Nancy (GA) 3:00 Piano with Dotty (Terrace - 1st floor)	21 10:30 Chapel Worship Service (TV 971) 1:00 Men's Group (Terrace) 2:15 Exercises w/ WS (BR) 3:30 Short Story- "Mirette on the High Wire" (GA) 6:30 Magic of the Snowy Owl Documentary (TV 971)	22 Marcia Stirewalt's Birthday 8:30 A Time for Prayer (MC) 11:00 Seated Exercise Class (TV 971) 1:30 Ice Cream for Everyone (All 3 Floors) 1:30 Swim Class** (CP) 2:30 Bingo (BR)	23 Carol Parks' Birthday 10:00 Seated Exercise Class (TV 971) 11:45 Visits with Robin 1:00 Chess Club (BR) 2:30 Autumn Arts and Crafts (BR)
24 9:00 Chapel Worship Service (TV 971) 10:30 Patio Porch Time (LVP and IV Porch) 1:00 Alfred Hitchcock's To Catch A Thief (TV 971) 6:45 Chapel Worship Service (TV 971)	25 Sunny Halleck's Birthday 10:00 Seated Exercise Class (TV 971) 10:15 Manicures (call Cari at x8225 for appt.) 1:00 Bingo (BR) 2:30 Scenic Drive & Milkshake Stop (LVP)	26 12:45 Virtual Travel & Treats: England (BR) 1:00 Open Swim ** (CP) 2:15 Exercises w/WS (BR) 2:45 Drum Circle (BR) 6:30 Bambi (TV 971)	27 9:30 Stretch & Flow Seated Exercises (TV 971) 10:00 Ladies Shopping Trip to Target** (LVP) 12:45 Classic Novel Reading With Nancy (GA) 1:15 Scenic Ride** (CL) 3:00 Puzzle Hour (IV & MA)	28 Dona Weakley's Birthday 10:30 Chapel Worship Service (TV 971) 1:00 Men's Group (Terrace) 2:15 Exercises w/ WS (BR) 3:00 Giant Crossword (BR) 6:30 PBS: An Original Duck-umentary (TV 971)	29 8:30 A Time for Prayer (MC) 11:00 Seated Exercise Class (TV 971) 1:15 Pot Grower's Club: Garden Sampling (BR) 1:30 Swim Class** (CP) 2:30 Bingo (BR)	30 10:00 Seated Exercise Class (TV 971) 11:45 Visits with Robin 1:00 Chess Club (BR) 2:30 Fall Cookie Decorating (BR)