


September 2023

Poplar Grove AL & Poplar Magnolia Arbor HC

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|---|---|---|--|
| <p>September Birthday Club:</p> <p>Henry Moffett 9/7 Shirley Nelms 9/7 Bettie Powell 9/9 Carolyn Obaugh 9/11 Marilyn Durham 9/22 Harry Snyder 9/28</p> |  | | | | <p>1 National College Color Day</p> <p>9:30 Daily News (AL) 10:00 Fun Friday (BW) 11:00 Modern Day Trivia (AL) 2:00 Rest & Relax– Beer Cart 3:00 Games w/ Dan (MC) 3:30 Me & Martha –(GAL)</p> | <p>2 World Coconut Day</p> <p>9:30 Fascinating Facts (AL) 10:30 Gazebo Visit 1:00 Snack Cart 2:00 Music w/ Skip</p> |
| <p>3</p> <p>11:00 T.V. Church Service (Channel 287) 1:00 Rest & Relax 1:30 One-on-One Visits 3:30 Vespers (Chapel)</p> | <p>4 Labor Day</p> <p>9:30 Fitness Fun (BW) 11:15 Monday Mad Libs & Labor Day Laughs (BW) 1:00 Rest & Relax (AL) 4:30 First Responders Dinner-(GAL)</p> | <p>5 Cheese Pizza Day</p> <p>9:30 Fitness Fun (BW) 10:30 Bingo (AL) 11:15 Photographic Memory (AL) 1:00 Glamour Nails (HC) 2:00 Country Ride 3:00 EZ Does It Trivia 4:00 Pizza Rolls (AL)</p> | <p>6 National Fight Procrastination Day</p> <p>9:30 Fitness Fun (BW) 10:30 Music (Classical) (AL) 1:00 Cranium Crunches (BW) 2:15 Art Works 3:30 Happy Hour</p> | <p>7 National Salami Day</p> <p>9:30 Fitness Fun (BW) 10:15 Fashion Designer Detective (AL) 11:15 Spa Time 1:00 Afternoon Tea Cart 2:00 Country Ride 3:30 Bingo (MC)</p> | <p>8 National Stand Up to Cancer Day</p> <p>9:30 Daily News (AL) 10:00 Fun Friday (BW) 11:00 Gab in the Gazebo 2:00 Cooking' Something Up 3:00 Games w/ Dan (MC)</p> | <p>9 Teddy Bear Day</p> <p>9:30 Mixed-Up School Cafeteria (AL) 10:30 Gazebo Visit 1:00 Snack Cart</p> |
| <p>10 National Grandparents Day</p> <p>11:00 T.V. Church Service (Channel 287) 1:00 Rest & Relax 1:30 One-on-one Visiting 3:30 Good Time Gospel Quartet (GAL)</p> | <p>11</p> <p>9:30 Fitness Fun (BW) 10:15 Monday Mad Libs (BW) 1:00 Rest & Relax (AL) 2:00 Devotions (MC) 3:30 Bingo (HCDR)</p> | <p>12 National Chocolate Milkshake Day</p> <p>9:30 Fitness Fun (BW) 10:30 Bingo (AL) 11:15 Picture a Word (AL) 1:00 Glamour Nails (HC) 2:00 Country Ride 3:30 September IQ (AL) 4:00 Chocolate Shakes</p> | <p>13 International Chocolate Day</p> <p>9:30 Fitness Fun (BW) 10:30 Music—Swing 11:00 Rest & Relax 1:00 Cranium Crunches (BW) 2:15 Art Work 3:15 Happy Hour 4:00 Hershey Kiss's</p> | <p>14 National Coloring Day</p> <p>9:30 Fitness Fun (BW) 10:15 What's My Line? (BW) 11:15 Spa Time 1:00 Afternoon Tea Cart 2:00 Country Ride 3:30 Bingo (MC)</p> | <p>15</p> <p>9:30 Daily News (AL) 10:00 Fun Friday (BW) 11:00 Gab in the Gazebo 2:00 Rest & Relax 3:00 Games w/ Dan (MS) 3:00 Susan's Music (GAL) 4:15 Dinner Trip at SilkRoad's</p> | <p>16 National Eat an Apple Day</p> <p>9:30 Wacky Wordies (HC) 10:30 Gazebo Visit 1:00 Snack Cart 2:00 Music w/ Grace</p> |

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|--|--|--|---|--|---|--|
| <p>17 National Citizenship Day</p> <p>11:00-12:00 T.V. Church Service (Channel 287) 1:00 Rest & Relax 1:30 One-on-One Visits 3:30 Vespers (Chapel)</p> | <p>18 National First Love Day</p> <p>9:30 Fitness Fun (BW) 10:15 Monday Mad Libs (BW) 11:15 Travel Log - Himalayas 1:00 Rest & Relax (AL) 2:00 Devotions (MC) 3:30 Bingo (HC)</p> | <p>19 National Talk Like a Pirate Day</p> <p>9:30 Fitness Fun (BW) 10:30 Bingo (AL) 11:15 Famous Hispanic Americans 1:00– Glamour Nails (HC) 2:00 Country Ride 3:30 Ace-ing the Exam & Fun (AL)</p> | <p>20 National Queso Day</p> <p>9:30 Fitness Fun (BW) 10:30 Resident Council (AL/MC) 11:15 Lunch Trip at Silk Road's 1:00 Cranium Crunches (BW) 2:00 Art Work 3:15 Happy Hour w/ Queso & chips 3:00 Barbara Martin's Music (GAL)</p> | <p>21 National Gratitude</p> <p>9:30 Fitness Fun (BW) 10:15 Pest Control Detective (AL) 11:15 Spa time 1:00 Afternoon Tea Cart 2:00 Country Ride 3:30 Bingo (MC) 6:00 Open Mic Night-(GAL)</p> | <p>22 National Falls Prevention Awareness Day</p> <p>9:30 Daily News (AL) 10:00 Fun Friday (BW) 11:00 Gab in the Gazebo 2:00 Cooking' Something 'Up 3:00 Games w/ Dan (MC)</p> | <p>23 Autumn Begins</p> <p>10:00 Current Events & News 11:00 Who and What Am I? 2:00 Trivia Fun 3:00 Puzzle Time 4:00 One-on-One Visits</p> |
| <p>24 National World Rivers Day</p> <p>11:00-12:00 T.V. Church Service (Channel 287) 1:00 Rest & Relax 1:30 One-on-One Visits 3:30 Vespers (Chapel)</p> | <p>25 National Cooking Day</p> <p>9:30 Fitness Fun (BW) 10:15 Monday Mad Libs (BW) 11:15 Travel Log - Argentina 1:00 Rest & Relax (AL) 2:00 Devotions (MC) 3:30 Bingo (HC)</p> | <p>26 National Johnny Appleseed Day</p> <p>9:30 Fitness Fun (BW) 10:30 Bingo (AL) 11:15 Spelling Fall Harvest (AL) 1:00 Glamour Nails (HC) 2:00 Country Ride 3:30 Famous Birthday's & Fun (HC)</p> | <p>27 National Chocolate Milk Day</p> <p>9:30 Fitness Fun (BW) 10:30 Music—Big Band (AR) 1:00 Cranium Crunches (AR) 2:00 Art Work 3:30 Happy Hour 3:30 Positive Paws Pet Visits</p> | <p>28 National Ask A Stupid Question Day</p> <p>9:30 Fitness Fun (BW) 10:15 What's My Line 11:15 Spa Time 1:00 September Birthday (AL/HC) 2:00 Country Ride 3:30 Bingo (MC) 3:30 Bob & Sandy's Pet Visits</p> | <p>29 National Coffee Day</p> <p>9:30 Daily News (AL) 10:00 Fun Friday (BW) 11:00 Gab in the Gazebo 2:00 Rest & Relax 3:00 Games w/ Dan (MC)</p> | <p>30 International Rabbit Day</p> <p>10:00 Current Events & News 11:00 Gazebo Visit 1:00 Reminisce Time w/ Skip 2:00 Basketball Fun (BW)</p> |



All activities are 30 min unless otherwise stated

IYR– In Your Room
1 FL– First Floor Lobby
GAL—Gallery
BPL—Back Parking Lot
MC– Memory Care Living Room

AR– Activities Room
3rd FL– 3rd Floor
Lobby
AL– Assisted Living Dining Room
HC– Healthcare Day Room
HCDR– Healthcare Dining Room
BW—Breeze Way