

March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
LIB - Library FL - Front Lobby 1FCR - First Floor Conference Room	WC - Wellness Center WCCR - Wellness Center Conference Room GAL-Gallery	BP- Back Patio TR - Theater Room 3FLS- Third Floor Solarium BRU-The Brunswick			1 9:15 Strength & Stretch - WC 12:15 First Fridays Organ Recital (bus leaves <u>11:50</u>)	2 6:30 Poldark- TR
3 4:00 Vespers - 1FCR	4 9:15 Strength & Stretch 1:00 Rummikub - FL 6:30 Movie Night- TR	5 MARDI GRAS 9:15 Let's Get Moving -WC 10:00 Beignets & Chickory Coffee- JT 11:15 Better Balance - WC 1:00 Uno- FL 2:00 Kroger Trip	6 ASH WEDNESDAY 9:15 Strength & Stretch- WC 10:00 Ash Wednesday Service- GAL 10:30 Chair Yoga 6:30 Matthew O'Donnell- GAL	7 9:15 Let's Get Moving-WC 1:00 C&C - WCCR 2:00 Shopping Trip 2:30 Line Dancing- WC	8 9:15 Strength & Stretch - WC 11:45 Lunch Outing to Mi Rancho-Fishersville (bus leaves <u>11:25</u>)	9 6:30 Poldark- TR
10 4:00 Vespers - 1FCR	11 9:15 Strength & Stretch - WC 1:00 Rummikub - FL 6:30 Book Club- LIB	12 9:15 Let's Get Moving -WC 10:00 Bible Study- WCCR 11:15 Better Balance - WC 1:00 Uno- FL 2:00 Kroger Trip 3:30 2nd Tuesday Meeting- GAL	13 9:15 Strength & Stretch- WC 10:30 Chair Yoga 12:00 Lenten Lunch (bus leaves <u>11:40</u>)	14 9:15 Let's Get Moving-WC 10:30 Montessori Approach to Memory Care- WC 1:00 C&C - WCCR 2:00 Shopping Trip 2:30 Line Dancing- WC	15 9:15 Strength & Stretch - WC 1:00 Matter of Balance- WC 6:30 Bob Clouse Performance- GAL	16 2:00 Sight & Sound's "Joseph"- GAL 6:30 TBA- TR
17 ST. PATTYS DAY 4:00 Vespers - 1FCR	18 9:15 Strength & Stretch - WC 10:30 Discovery Series- WC 1:00 Rummikub - FL 1:30 Blue Ridge Food Bank (bus leaves <u>1:00</u>) 6:30 Movie Night- TR	19 9:15 Let's Get Moving -WC 10:00 Bible Study- WCCR 11:15 Better Balance - WC 1:00 Uno- FL 2:00 Kroger Trip	20 9:15 Strength & Stretch- WC 10:30 Chair Yoga 11:00 Piano with Charles Simpkins- FL 12:00 Lenten Lunch (bus leaves <u>11:40</u>)	21 9:15 Let's Get Moving-WC 1:00 C&C - WCCR 2:00 Shopping Trip 2:30 Line Dancing- WC 3:30 Happy Hour- JT	22 9:15 Strength & Stretch - WC 11:00 Meet the Artists- GAL 1:00 Matter of Balance- WC 1:00-4:00 DMV Connect- GAL	23 6:30 TBA- TR
24 2:00 "Oliver!" (bus leaves <u>1:00</u>) 4:00 Vespers - 1FCR	25 9:15 Strength & Stretch- WC 1:00 Rummikub - FL 11:45 Lunch Outing to BJ's (bus leaves <u>11:00</u>) 6:30 Game Night- GAL	26 9:15 Let's Get Moving -WC 10:00 Bible Study- WCCR 11:15 Better Balance - WC 1:00 Uno- FL 2:00 Kroger Trip 3:00 Birthday Social-FL	27 9:15 Strength & Stretch- WC 10:30 Chair Yoga 12:00 Lenten Lunch (bus leaves <u>11:40</u>) 6:30 Hollywood Squares- GAL	28 9:15 Let's Get Moving-WC 10:30 Informational Session: Advanced Directives- WC 1:00 C&C- WCCR 2:00 Shopping Trip 2:30 Line Dancing- WC	29 9:15 Strength & Stretch - WC 1:00 Matter of Balance- WC 3:15 Mary Baldwin Choir- GAL 7:30 Vienna Boys Choir (bus leaves <u>7:00</u>)	30 6:30 TBA- TR
31 4:00 Vespers - 1FCR	Life Enrichment Week March 25-29					