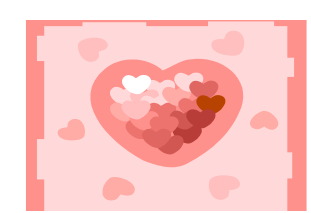
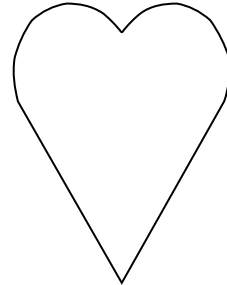
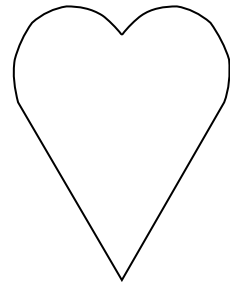




February 2019 Memory Support Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
--------	--------	---------	-----------	----------	--------	----------



3
10:00-10:30a DEVOTION
10:45-11:15a HYMN SING
2:00-4:00p Netflix—resident's choice

7:00-8:00p SUNDAES AND SONGS

10
10:00-10:30a DEVOTION
10:45-11:15a HYMN SING
2:00-4:00p Netflix—resident's choice
4:00-5:00p CORNHOLE
7:00-8:00p SUNDAES AND SONGS

17
10:00-10:30a DEVOTION
10:45-11:15a HYMN SING
2:00-4:00p Netflix—resident's choice
4:00-5:00p CORNHOLE
7:00-8:00p SUNDAES AND SONGS

24
10:00-10:30a DEVOTION
10:45-11:15a HYMN SING
2:00-4:00p Netflix—resident's choice
4:00-5:00p CORNHOLE
7:00-8:00p SUNDAES AND SONGS

4
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE

2:30-3:30p Chinese New Year
Make Decorations / Oragami
4:00-4:30p FAST FIVE QUESTIONS
4:30-5:00p FOLD NAPKINS SET TABLE
7:00p Stretch and Meditation

11
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE

2:30-3:30p Valentine's Sensory and
Reminisce
4:00-4:30p FAST FIVE QUESTIONS
4:30-5:00p FOLD NAPKINS AND SET
TABLE

7:00p Stretch and Meditation

18 President's Day
10:00-10:30a MORNING NEWS
11:00-11:30a Presidential Trivia

2:30-3:30p Cherry Bake -Cooking Event
4:00-4:30p EXERCISE
4:30-5:00p FOLD NAPKINS AND SET
TABLE
7:00 p Stretch and Meditation

25
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE

2:30-3:30p SCRABBLE
4:00-4:30p FAST FIVE QUESTIONS
4:30-5:00p FOLD NAPKINS SET TABLE
7:00p Stretch and Meditation

5 Chinese New Year
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE WELLNESS

2:30-3:30p Chinese New Year Party
4:00-4:30p BINGO
4:30-5:00p FOLD NAPKINS AND SET
TABLE

12
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE WELLNESS

2:30-3:30p Make Valentine's and
Conversation Heart Activity
4:00-4:30p BINGO
4:30-5:00p FOLD NAPKINS AND SET
TABLE

19
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE WELLNESS

2:30-3:30p SPELLING BEE
4:00-4:30p CHAIN REACTION
4:30-5:00p FOLD NAPKINS AND SET
TABLE

26
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE WELLNESS

2:30-3:30p RUMMIKUB
4:00-4:30p CHAIN REACTION
4:30-5:00p FOLD NAPKINS AND SET
TABLE

6
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE

2:30-3:30p DEVOTION WITH PAUL
4:00-4:30p UNO
4:30-5:00p FOLD NAPKINS AND SET
TABLE
7:00p Stretch and Meditation

13
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE

2:30-3:30p DEVOTION WITH PAUL
4:15-5:15p Tracy Prillaman Forest Hills
Church Youth Group Valentine Party
5:15-5:30p FOLD NAPKINS AND SET
TABLE

7:00p Stretch and Meditation

20
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE

2:30-3:30p Pat Wade Concert Chapel
4:00-4:30p RUMMIKUB
4:30-5:00p FOLD NAPKINS AND SET
TABLE
7:00p Stretch and Meditation

27
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE
2:30-3:30p DEVOTION WITH PAUL
4:00-4:30p BINGO
4:30-5:00p FOLD NAPKINS AND SET
TABLE
7:00p Stretch and Meditation

7
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE WELLNESS

2:30-3:30p Who? What? When?
4:00-4:30p UNO
4:30-5:00p FOLD NAPKINS AND SET TA-
BLE

14 Valentine's Day
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE WELLNESS

2:30-3:30 p Valentine's Party Trellis DR
3:30-4:30 p Valentine's Trivia

4:30-5:00p FOLD NAPKINS AND SET TA-
BLE

21
10:00-10:30a MORNING NEWS
10:30- 11:30a AL Resident Council and
Valentines Party
11:30-12:00p EXERCISE WELLNESS

2:30-3:30p CARD GAMES
4:00-4:30p Who? What? When?
4:30-5:00p FOLD NAPKINS AND SET TA-
BLE

28
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE WELLNESS

2:30-3:30p MONTHLY BIRTHDAY
PARTY—TRELLIS ROOM
4:00-4:30p Fill in the Blank
4:30-5:00p FOLD NAPKINS SET TABLE

1
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE

2:30-3:30p February Fill in the Blank
4:00-4:30p Stretch and Meditation
4:30-5:00p FOLD NAPKINS SET TABLE

7:00p BINGO

8 National Pizza Day
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE

2:30-3:30p Pizza Cooking Event
4:00-4:30p Stretch and Meditation
4:30-5:00p FOLD NAPKINS SET TABLE

7:00p BINGO

15
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE

2:30—4:00p Sock Hop
4:00-4:30p Stretch and Meditation
4:30-5:00p FOLD NAPKINS AND SET
TABLE

7:00p BINGO

22
10:00-10:30a MORNING NEWS
11:00-11:30a EXERCISE

2:30-3:30 Charades
4:00-4:30p Stretch and Meditation
4:30-5:00p FOLD NAPKINS AND SET
TABLE

7:00p BINGO

2
10:00-10:30a WEEKLY NEWS WRAPUP
11:00-11:30a EXERCISE

2:30-3:30p REST/RESIDENTS CHOICE
4:30-5:00p FOLD NAPKINS AND SET
TABLE
7:00-9:00p SATURDAY NIGHT CINEMA

9
10:00-10:30a WEEKLY NEWS WRAPUP
11:00-11:30a EXERCISE

2:30-3:30p REST/RESIDENTS CHOICE
4:30-5:00p FOLD NAPKINS AND SET
TABLE
7:00-9:00p SATURDAY NIGHT CINEMA

16
10:00-10:30a WEEKLY NEWS WRAPUP
11:00-11:30a EXERCISE

2:30-3:30p REST/RESIDENTS CHOICE
4:30-5:00p FOLD NAPKINS AND SET
TABLE
7:00-9:00p SATURDAY NIGHT CINEMA

23
10:00-10:30a WEEKLY NEWS WRAPUP
11:00-11:30a EXERCISE

2:30-3:30p REST/RESIDENTS CHOICE
4:30-5:00p FOLD NAPKINS AND SET
TABLE
7:00-9:00p SATURDAY NIGHT CINEMA

FEED THE FISH:
EVERY DAY AT 10:00am AND 10:00pm

