



King's Grant *Town Crier*

August | 2026

From the Chief Operating Officer:

August has a way of arriving quietly. One moment we are welcoming the start of summer, and the next we find ourselves in its final full month. It is hard to believe we have already passed the halfway point of another year.

July was a meaningful and productive month at King's Grant. Across every department, our team continued to demonstrate an unwavering commitment to excellence. Our marketing efforts had a successful month, our grounds crew has kept the campus looking beautiful despite the summer heat, and our higher levels of living continue to provide engaging life enrichment opportunities that enrich the lives of our residents each day. Those are just a few examples. The truth is there is not a single department that has not gone above and beyond over the past month, and I continue to be encouraged by the momentum across our community.

That same momentum can be seen in the continued improvements taking place throughout our campus. Construction remains underway on the first and second floors of the Stonecross Building, where we are creating new and updated wellness spaces and an outpatient therapy gym. We look forward to welcoming residents and patients into these beautifully renovated spaces later this fall as we continue investing in the future of King's Grant.

In the weeks ahead, we will also begin transitioning to a new phone system. We understand that updates such as these may bring questions, and we are committed to communicating throughout the process to ensure the transition is as smooth as possible. If you have any questions along the way, please don't hesitate to speak with a member of our team.

Our search for King's Grant's next Executive Director continues, and we remain optimistic. We are confident that the right leader will help guide this remarkable community into its next chapter. Above all, I want to express my deepest gratitude to the extraordinary team members who serve our residents each day. Having spent more time on campus recently, I have been reminded just how special this community truly is. It is not just the buildings or the amenities that define King's Grant. It is the kindness shown in everyday moments, the dedication of our staff, and the genuine relationships that make this such an exceptional place to live and work.

Thank you for your continued trust and support. It is a privilege to serve this community alongside all of you. As always, if you have questions, comments, or concerns, all of us at the corporate office and the staff onsite are here for you.



Tammy Landes
Chief Operating Officer

The Chaplain's Office AUGUST 2026



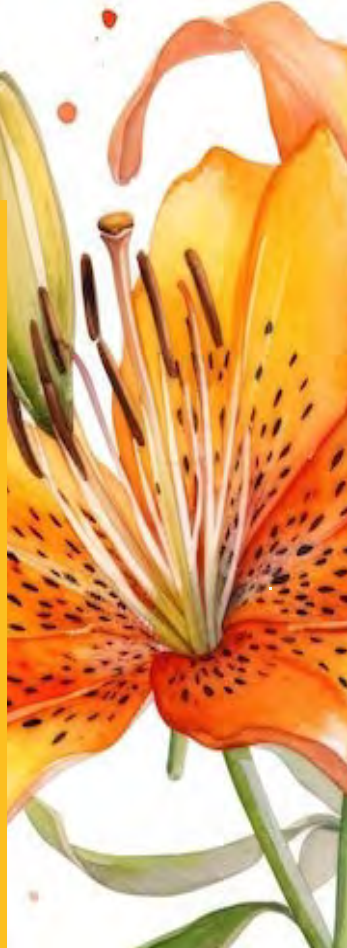
Rev. Bonnylee Witt

SUMMER IN BLOOM SHOWS GOD'S CREATIVE ARTISTRY, HIS LOVE AND DEVOTION TO US

Tiger Lily

Petals of orange passion burst
into brilliant display,
Summer is here and the lilies
roar with the signs of God's
creative splendor,
the cycle of life is present to
our view, seeds contain the
miracle of existence sharing
their story of resilience and
vigor. Its beauty calls me to
remember and reconnects with
my childhood.
- Bonnylee Witt

²⁸ "So why do you
worry about clothing?
Consider the lilies of
the field, how they
grow: they neither
toil nor spin; ²⁹ and
yet I say to you that
even Solomon in all his
glory was not [e]
arrayed like one of
these. ³⁰ Now if God
so clothes the grass
of the field, which
today is, and
tomorrow is thrown
into the oven, will
He not much
more clothe you, O
you of little faith?
- Matthew 6: 28-30



Jeremiah 17:7-8

**"But blessed is the one who trusts in
the LORD, whose confidence is in him.
⁸ They will be like a tree planted by the
water that sends out its roots by the
stream. It does not fear when heat comes;
its leaves are always green. It has no
worries in a year of drought and never fails
to bear fruit."**

AUGUST 2026 VICTORY CHAPEL SERVICES

Sunday Afternoon 4:15 PM

SUN. AUG. 02 PASTOR NAOMI HODGE Grace Presbyterian

SUN. AUG. 09 KG TBD

SUN. AUG. 16 REV. FAITH WEEDLING, First UMC

SUN. AUG. 23 REV. BONNYLEE WITT King's Grant Chaplain

SUN. AUG. 30 TBD

Pastoral Events In AUGUST 2026

Service of the Holy Eucharist Thurs. AUG. 06, 2026 at 1:30 PM

Victory Chapel Led by Rector John Adams All are Welcome!

First Baptist's Service of Communion AUG. 05, 2026 2:30 PM

Victory Chapel Led by Rev. Mike Hatfield

Women's Wednesday Afternoon Bible Study

1:30 PM Pheasant Room Facilitator Anne Hartman

Art & Soul Spirituality Class Spiritual Connections Through Art

Every Monday Afternoon 2:00—3:00 PM Multi-Purpose Room

Watercolor Connection Tuesdays: 1:30 –2:30 Game Room 3rd Floor

EVERY THURS. BIBLE STUDY

Led by Rev. Jim Pence, Pastor

Broad Street Christian Church

Thurs. 12:30—1:30 Victory Chapel

In Loving Memory...

Judith Mays, Stuart Ward,

Cathie Carter



Resident Birthdays

Anna Bonniwell	8/2	Wendy Shook	8/21
Myrtle Crews	8/4	Susan Yellin	8/21
Betty Crotty	8/7	Kenneth Dameron	8/26
Ed Jirouch	8/10	Ronald England	8/27
Sarah Robertson	8/14	Joe Williams	8/29
Nancy Wyatt	8/14	Joyce Poindexter	8/31



John & Carolyn McCraw	8/3	58 Years
Wayne & Shirley Eanes	8/3	24 Years
Philip & Nancy Booker	8/23	68Years
Winston & Sarah Whitmore	8/24	63 Years



June Foushee

60 Settlers Bend



Elsie Campbell

Apt. 319

Welcome Aboard!

Please Help Welcome Our Newest
Employees to King's Grant:

Kenzie Ayers, DSA

Kaiden Abel, DSA

Jordan Brown, DSA

Naomi Hancock, LPN

Celebrating Years of Service

5 YEARS:

Kimble Williamson, Guard House
Attendant

3 YEARS:

Lauren Meadows, CNA

1 YEAR:

Amanda Townes, CNA

Staff Birthdays

Dominique Gilbert	8/6
Christy Spencer	8/6
Katelynn Osborne	8/7
Anita Quinn	8/7
Tina Fulcher	8/9
Tina Williams	8/13
Mary George	8/13
Tammy Ashby	8/15
Jerry Lampkins	8/15
Kelly Taylor	8/20
Shannon Chitwood	8/22
Ashley Dupont	8/23
Christy Redd	8/23
Sirvonnia Beck	8/26
Chasity Tolliver	8/28
Christie Treadway	8/28
Leighanne Kiser	8/30
Kenzie Mize	8/31
Tina Easterling	8/31

Employee of the Month



August
Sharon Shepherd
TL Events Coordinator

Sharon was chosen for her incredible dedication in responding to two medical emergencies while on a Trip with residents. Her quick action and compassionate care makes a meaningful difference.

Land and Pool Exercise Schedule:

Please note that this schedule is subject to change. Be sure to check Channel 970 for class changes and updates throughout each month.

MONDAY

8:30-9:45 Open Swim
 10:00-10:30 All Stars
 11:00-11:30 Water Volleyball
 1:30-2:00 Chair Volleyball
 2:00 - 3:30 Open Swim

TUESDAY

9:00-9:45 Dream Team
 10:00-10:30 Lite n' Lively
 10:45-11:25 Hot Shots
 11:30-12:00 Gym Staff Training
 2:00-3:30 Open Swim

WEDNESDAY

8:30-9:45 Open Swim
 10:00-10:30 Stretching on Mat
 11:00-11:30 Water Volleyball
 11:30-12:30 Open Swim
 1:30-2:00 Seated Volleyball

THURSDAY

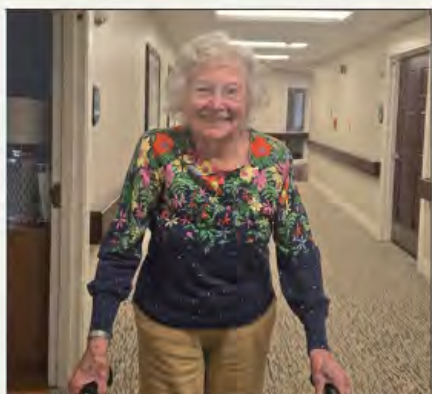
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 10:45-11:20 Hot Shots
 11:30-12:00 Gym Staff Training
 2:00-3:30 Open Swim

FRIDAY

8:30-9:45 Soak and Float
 10:30-11:00 Water Exercise
 11:00-12:30 Open Swim
 2:00-3:30 Open Swim

SATURDAY

9:00-12:00
 OPEN SWIM
 LIFEGUARD ON DUTY



Pat Baumann

Wellness Spotlight

For more than 17 years, Pat has been a dedicated part of our Wellness program, attending the fitness classes and pool volleyball. While she stepped away from pool volleyball six months ago, she continues to attend our land fitness classes.

At 99 years young—and celebrating her 100th birthday later this year—Pat continues to inspire our community with her dedication, energy, and commitment to helping others stay active.

Exercise while having fun! Join us for a friendly game of Chair Volleyball that's perfect for staying active, improving coordination, and enjoying time with friends.



Questions? Call 276-634-1200.

MENTAL HEALTH AND WELLNESS REMINDERS

Prioritize self-care.
Practice mindfulness.

Stay active.

Get enough sleep.

Nurture positive relationships.

Manage stress.

Eat well.

Disconnect from technology.

Seek support when needed.

Practice gratitude.

**"I now see how owning our story and loving ourselves
through that process is the bravest thing that we will ever
do." —Brené Brown**

Alzheimer's Support Group Meeting

In-person meetings on the fourth Tuesday of every month

Next Meeting:

Tuesday, August 25th

3:00PM – 4:00 P.M. Main Conference Room

4th floor across from the Multi-purpose Room

**This meeting additionally invites
family members and/or support persons.**





AUGUST HIGHLIGHTS

Tue, Aug 4th	1st Tuesday Breakfast & Announcements	8:00am Breakfast– Trellis Room 8:30am Announcements– Trellis Room
Tue, Aug 4th	IL Outing: Bassett Historical Center—Henry County Radical: Howard Kester & the Fight for a New South	Depart: 10:00am 350 Entrance
Thur, Aug 6th	Bus Outing: Grief Chat Group	Depart: 2:00pm 350 Entrance
Fri, Aug 7th	Bus Outing: Pickle & Ash (lunch)	Depart: 11:00am 350 Entrance
Thur, Aug 13th	Monthly Birthday Party	2:30pm Trellis Room
Mon, Aug 17th	Monday Night at the Movies: Charlie Wilson's War	6:30pm Francks' Place
Tue, Aug 18th	Campus Speaker: Anna Wheeler, Dan River Basin Association	10:30am Multipurpose Room
Wed, Aug 19th	Bus Outing: WV State Fair	Depart: 8:30am 350 Entrance
Wed, Aug 19th	Medicare Made Simple Sheryl Etzler Crawford– RSVP by Aug. 14th	2:30pm Victory Chapel
Thur, Aug 20th	Music Night at Francks' Place: Rich Lawrence	5:00pm-7:00pm Francks' Place
Wed, Aug 26th	90+ Lunch Group	11:30am Trellis Dining Room
Wed, Aug 26th	Lunch (optional) & BINGO (1:00pm)	12:00pm Francks' Place
Wed, Aug 26th	Wednesday Night at the Movies: The Queen	6:30pm 3rd Floor Movie Room
Thur, Aug 27th	National Just Because Day Social	3:00pm Francks' Place



August Movie Matinees

TUESDAYS AT 1:30PM
FRANCK'S PLACE THEATRE ROOM

AUGUST 4TH
★ MONDAY MOVIE NIGHT ★ THE MAGIC OF BELLE ISLAND
AUGUST 17
CHARLIE WILSON'S WAR

AUGUST 11TH
★ DOG GONE ★

AUGUST 18TH
★ VOICEMAILS FOR ISABELLE ★

AUGUST 25TH
★ THE QUEEN ★

FRIDAYS AT 1:30 PM
3RD FLOOR MOVIE ROOM

AUGUST 7TH
★ SARAH'S OIL ★

AUGUST 14TH
★ HARRIET ★

AUGUST 21ST
★ TICKET TO PARADISE ★

AUGUST 28TH
★ THE MAGIC OF BELLE ISLAND ★

★ WEDNESDAY MOVIE NIGHT ★
AUGUST 26TH
THE QUEEN

Snapshots



Thank you to all that participated in our Celebrations for the 250th Anniversary of America!

🇺🇸 The celebration continues!

Experience the VA250 Mobile Museum – "Out of Many, One" as it rolls into Martinsville for ONE DAY ONLY!

This interactive, hands-on museum on wheels brings Virginia's rich history to life for all ages.

📍 MHC Heritage Museum (1 East Main St., Uptown Martinsville)

📅 Sunday, August 9

🕒 1:00–6:00 PM

Don't miss this unique opportunity to continue celebrating America's 250th anniversary!

A graphic for a zucchini bread recipe. It features a brown background with a green banner at the top containing the title 'Zucchini Bread' in green. The ingredients list is in orange text. The instructions are in green text. There are two circular images of zucchini bread: one on the left showing a loaf and slices, and one on the right showing several slices stacked. The entire graphic is framed by a green border.

Zucchini Bread

3 eggs

2 cups sugar

1 cup vegetable oil

2 cups unpeeled, coarsely
grated zucchini

1 tablespoon vanilla extract

3 cups all-purpose flour

1 teaspoon salt

1 teaspoon baking powder

1 teaspoon baking soda

1 tablespoon cinnamon

1 cup coarsely chopped walnuts

Preheat oven to 350°F. Grease two 9x5x3-inch loaf pans.

In a large bowl, beat the eggs until light and fluffy. Add the sugar, oil, zucchini, and vanilla extract, and mix lightly but until well blended.

In a separate bowl, combine the flour, salt, baking powder, baking soda, and cinnamon and mix well. Stir the flour mixture into the egg-zucchini mixture, stirring until well blended. Fold in the nuts.

Divide the batter evenly between the two pans and bake for 1 hour, or until a knife or toothpick inserted in the middle of one of the loaves comes out clean.



DEAR DEVELOPMENT,

Since August is National Make-A-Will Month, what suggestions do you have for me in thinking about my will?

- Proactive Planner

We are so glad you asked!

Making a will is the best way to protect your loved ones and contribute to the people and causes you care about most, long after your lifetime.

A few tips to consider this National Make-A-Will month:

- Set aside **15 minutes** to review and ensure your will is up-to-date with your preferences.
- Take a few extra minutes to review your **beneficiary designations** for your non-probate assets, which pass outside your will. This includes: IRA and retirement accounts, charitable gift annuities, life insurance policies, and similar assets.
- Talk with your attorney or financial advisor if your estate plan needs updating.

Don't forget – naming Sunnyside Communities in your will or estate plan provides you automatic membership into the Evergreen Fellowship, our legacy donor society. Contact us if you have any questions or want to know more!

HAPPY GIVING!

The Development Team

Tax ID: 54-0591600

ASK US ANYTHING!



The King's Grant marketing team is ALWAYS here to answer any questions or concerns you may have. We assure you that we will always listen to the voices of our residents and respond accordingly.

Jamie Turner, Marketing Director

JTurner@kingsgrant.cc \ 276-634-1140

Brandon Earles, Marketing Counselor

BEarles@kingsgrant.cc \ 276-634-1138

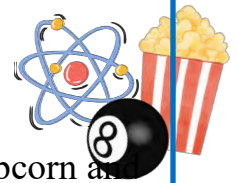
There are many ways to contact us. Choose the way that is most convenient for you!

Roger Owens, Marketing \ Move Coordinator

ROwens@kingsgrant.cc \ 276-634-1202

What's Happening at Francks' Place?

Billiards: Every Tuesday & Thursday from 1:00—4:00pm.



Movie Matinee: Every Tuesday at 3:00pm. At Francks' Place Theater. Popcorn and Drinks available. Titles will be announced the week prior. *Sign-up in the resident app or contact Sharon at ext. 1585.*

Wondrium: Come learn something new! Shown every Monday in Francks' Place Theatre from 1:30-2:30PM.

Francks' Place is closed for Lunch every Third Thursday of each month for LAF.

Services available on King's Grant Campus

Seamstress: Pick-ups/drop-offs by appointment only. Contact Sylvia Smith at 276-618-1441

Safety Deposit Boxes: Available on campus.

Notary Publics: available on-site by appointment.

CPR & First Aid Classes: Tammy Shorter ext.1137

Nail Technician: Manicures and pedicures by appointment. Contact Tina Williams at ext. 1488

Transportation: For shuttles, appointments, or shopping requests, contact Ron Dailey or Ed Ledbetter at ext. 1129. If they are busy and you need a shuttle, dial ext. 1513 (Guard House).

For Clinic Hours and Services call ext. 1481

Electronic Funds Transfer:

Auto-draft from checking/savings accounts available. Contact Stevie Zola at ext. 1132

Beauty/Barber Shop: For appointments, contact Tina Williams at ext. 1488

Massage Therapy: Kim Kidd 276-734-5015 & Cindy Rhoday 276-634-7300, on-site by appointment

Housekeeping Services: Contact Mike Moyer or to schedule services-276-634-1496

Franks' Place BOOK CLUB



Next meeting is
Wednesday, August 5th

12:30 PM | Franks' Place

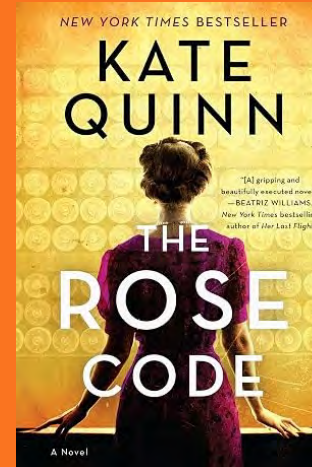
If interested in becoming a member,
contact Joan Montgomery (1349) or

Dawn Howe (1313)

Did You Know ?

Strawberries are the only fruit
that wear their seeds on the
outside. The average strawberry
has about 200 seeds!

King's Grant Book Club



"The Rose Code" is a historical fiction
novel about three women code-
breakers at Bletchley Park during
World War II, whose friendship and
skills are tested by war, betrayal, and
a post-war mystery.

Next meeting will be on Monday,
August 24th—11:45 AM — Private Dining Room

**To contribute to the Town Crier, please submit
information by the 17th of each month to:**

Brenlyn Buzzeo , Executive Assistant, at

bbuzzeo@kingsgrant.cc



King's Grant

DISCOVER THE DIFFERENCE