



King's Grant *Town Crier*

September | 2026

From the Chief Operating Officer:

Dear Residents, Staff, and Stakeholders,

Hello, September!

We have officially made it to the “ber” months! While this first week of September seems determined to remind us that summer is not quite finished with us yet, we are holding out hope for cooler mornings, changing leaves and all the wonderful things that come with fall at King's Grant.

There is plenty happening around our community as we continue to see exciting projects come together. The new Catered Living nurses station on the first floor of the Stone Cross building is officially complete. The pool also has a beautiful new floor! If you have not had a chance to see it yet, stop by and take a look.

We have also added two new treadmills and a new elliptical to the fitness area, giving residents even more options to stay active and well. We hope you will stop by, check out the new equipment and maybe even give it a try!

Speaking of exciting improvements, please save the date for October 22nd from 3 p.m to 5:30 p.m. We will be hosting an open house for our newly completed outpatient rehabilitation gym. We are excited for you to see the finished space and learn more about everything it will offer our residents and the greater community. More details will be coming soon!

There is a lot to look forward to at King's Grant this fall, and we are grateful for your patience and enthusiasm as we continue investing in our community and the spaces our residents enjoy each day.

Here's to September, cooler days ahead and another wonderful season at King's Grant!



Tammy Landes
Chief Operating Officer

The Chaplain's Office SEPTEMBER 2026



Rev. Bonnylee Witt

Welcome Fall...

... a Time for Reflection

"The Harvest of the Spirit" by Grace Johnson

*The leaves, like souls, begin to change,
From green to gold in a vast exchange;
Autumn's embrace, a gentle reminder,
Of our own seasons, a time to surrender.*

*God's hand, like the wind, guides our way,
As we walk through life, both night and day;
And just as the trees, we shed our fears,
Trusting that His love will dry our tears.*

*For every leaf that falls to the ground,
A new prayer rises, a hopeful sound;
Our hearts, like branches, sway in the breeze,
As we find solace on our spiritual knees.
- Grace Johnson*



*Fall is a time for
gathering with family and
community...
remembering the past and
preparing for the future.*

Psalm 126 NIV

*¹ When the LORD restored the
fortunes of^[a] Zion,*

*we were like those who
dreamed.^[b]*

*² Our mouths were filled with
laughter,*

*our tongues with songs of joy.
Then it was said among the na-
tions,*

*"The LORD has done great
things for them."*

*³ The LORD has done great
things for us,*

and we are filled with joy.

*⁴ Restore our fortunes,^[c] LORD,
like streams in the Negev.*

*⁵ Those who sow with tears
will reap with songs of joy.*

SEPTEMBER 2026 Schedule

VICTORY CHAPEL SERVICES Sunday Afternoon 4:15 PM

SUN. SEPT. 06 REV. TONY BEACH Fort Trail Baptist Church

SUN. SEPT. 13 PASTOR NAOMI HODGE Grace Presbyterian

SUN. SEPT. 20 REV. CHARLES WHITFIELD First Baptist East

SUN. SEPT. 27 REV. BONNYLEE WITT King's Grant Chaplain

Pastoral Events In SEPTEMBER 2026

First Baptist's Service of Communion WED. SEPT. 02, 2026 2:30 PM

Victory Chapel Led by Rev. Mike Hatfield

Service of the Holy Eucharist Thurs. SEPT. 03, 2026 at 2:00 PM

Victory Chapel Led by Rector John Adams All are Welcome!

Women's Wednesday Afternoon Bible Study

1:30 PM Pheasant Room Facilitator Anne Hartman

The Watercolor Connection Tuesday's

1:30 –2:30 in the 4th Floor CONFERENCE ROOM

EVERY THURS. BIBLE STUDY

Led by Rev. Jim Pence, Pastor

Broad Street Christian Church

Thurs. 12:30—1:30 Victory Chapel

In Loving Memory...

Emilie Wooldridge, Jean Wright, Sylvia Prescott



Resident Birthdays

Monty Montgomery	9/1	Joe May	9/10
Peter Nelson	9/2	Sue Rosser	9/11
Nancy Davis	9/4	Rod McGarry	9/12
Jean Golightly	9/5	Judy King	9/16
Sylvia Cleary	9/5	Ruby Meyers	9/22
David Turner	9/5	Robert Martin	9/22
Susan Handy	9/7	Anne Hartman	9/24
Darlene Hoagland	9/7	Melva Stultz	9/27
Juanita May	9/7		



Carol Sue & Claude Swanson	9/3	62 years
Linda & Bob Moore	9/3	60 years
Craig Campeau & Richard Komorowski	9/6	33 years
Barbara & Dallas Ball	9/28	64 years



Ken Dameron
Apt. 123

Welcome Aboard!

Please Help Welcome Our Newest Employees to King's Grant:

Jordan Cox, Physical Therapist
Megan Napier, DSA
Scott Campsey, Occupational Therapist
Samantha Nester, DSA
Samantha Stone, Administrative
Assistant
Katherine Lewis, MC Life Enrichment
Coordinator

Celebrating Years of Service

20 Years:

Brenda Gillenwaters, C.N.A

5 YEARS:

LaWanda Robertson, DSA

3 YEARS:

Brenlyn Buzzeeo, Executive Assistant

Mahogany Marshall, Receptionist

1 YEAR:

Pamela Foley, Lifeguard

John Holland, DSA/Cook

Staff Birthdays

Constance Lewis	9/1
Sarah Huff	9/8
Stevie Zola	9/10
Lauren Meadows	9/17
Sharon Farris	9/18
Mike Clerc	9/20
Gabina Cazales	9/20
Renata Hairston	9/24
Pamela Foley	9/24
Joanne Niblett	9/24
Candace Kendrick	9/25
Jaclyn Durant	9/26
Teffany Hairston	9/29

Employee of the month



Mary always goes above and beyond for staff and residents.

Sometimes, We Celebrate Our Workouts with Ice Cream!

All that hard work deserves a sweet reward! Thank you for choosing to exercise with us and making wellness a part of your day. Keep moving, keep smiling.



Wellness Spotlight



Jim Minter

Jim is a true wellness enthusiast! For the past 10 years, he has been a dedicated member of the Wellness Center, exercising three times a week. Jim is always committed to staying active and healthy, and he never fails to greet everyone with a warm smile. His positive attitude and dedication to wellness are truly inspiring!

NEW EQUIPMENT

+

OLD FAVORITES

=

MORE WAYS TO MOVE

OUR NEW WORKOUT EQUIPMENT IS GETTING PUT TO THE TEST!

🏃 MRS. KNIGHT IS TRYING OUT THE NEW ELLIPTICAL AND GETTING HER HEART PUMPING!

🚴 MR. DAVIS IS TAKING THE NEW SIT-DOWN BIKE FOR A SPIN!

🏃 MR. ALPHIN IS PUTTING OUR NEW TREADMILLS TO THE TEST—ONE STEP AT A TIME!

DON'T WORRY—OUR OLD FAVORITES ARE STAYING TOO! NOW WE HAVE EVEN MORE OPTIONS AND MORE WAYS TO STAY ACTIVE.

NEW OR OLD, THE GOAL IS THE SAME: KEEP MOVING!



Alzheimer's Support Group Meeting

In-person meetings on the fourth Tuesday of every month

Next Meeting:

Tuesday, September 22nd

3:00PM – 4:00 P.M. Main Conference Room

**This meeting additionally invites
family members and/or support persons.**



September Highlights

Set your reminder!

Tue, Sept 1st	1st Tuesday Breakfast & Announcements	8:00am Breakfast– Trellis Room 8:30am Announcements– Trellis Room
Thu, Sept 3rd	Labor Day Party	2:30pm Trellis Room
Fri, Sept 4th	American Red Cross Blood Drive	10:00am—2:00pm Francks' Place
Wed, Sept 9th	Speaker: Sloan Champney, Better Business Bureau—Giving Wisely	10:30am Multipurpose
Fri, Sept 11th	Bus Outing: Fido's Finds & Kitties Collectibles (Basement Sale) And lunch at The Ground Floor	Depart: 9:45am 350 Entrance
Fri, Sept 11th	Bus Outing: Spencer-Penn Center—Bluegrass Night	Depart: 5:30pm 350 En-
Tues, Sept 15th	Monthly Birthday Party	2:30pm Trellis Room
Thu, Sept 17th	Education Station w/ the Virginia Museum of Natural History	10:30am Francks' Place Theatre
Thu, Sept 17th	Thursday Night at the Movies—The Long Game	6:30pm 3rd Floor Movie Room
Mon, Sept 21st	Monday Night at the Movies—Where the Crawdads Sing	6:30pm Francks' Place Theatre
Wed, Sept 23rd	Bus Outing: Mill Mountain Theatre: Oklahoma!	Depart: 4:15pm 350 En-
Thu, Sept 24th	Bus Outing: Ceasar's Virginia Casino	Depart: 11:00am 350 Entrance
Mon, Sept 28th	King's Grant Book Club	11:45am Trellis Dining
Tue, Sept 29th	The Problem of the Hero (movie screening) and conversation w/ David zum Brennen star of the movie	1:00pm Victory Chapel
Wed, Sept 30th	90+ Lunch	11:30am Trellis Dining
Wed, Sept 30th	Lunch (optional at 12:00pm) & BINGO	1:00pm Francks' Place

Fall is a wonderful season to be at King's Grant.

The temperatures are cooling, and soon nature will be dressed in the gorgeous colors of Autumn. The season is marked with three months of Celebration, Thankfulness, and Giving. Enjoy all this special season brings! The Residents Association Council wishes you a...

Happy Autumn

September Movie Matinees

TUESDAY'S AT 3:00PM
FRANCK'S PLACE THEATRE ROOM

MONDAY MOVIE NIGHT

SEPTEMBER 21ST 6:30PM

BERNIE

SEPTEMBER 1ST

STRAIGHT TALK

SEPTEMBER 8TH

HUNT FOR THE WILDER PEOPLE

SEPTEMBER 15TH

CARAMELO

SEPTEMBER 22ND

SARAH'S OIL

FRIDAY'S AT 1:30 PM

3RD FLOOR MOVIE ROOM

SEPTEMBER 4TH

ORDINARY ANGLES

SEPTEMBER 11TH

HACHI: A DOGS TALE

SEPTEMBER 18TH

THE HEALING GARDEN

SEPTEMBER 25TH

THE HILL

THURSDAY MOVIE NIGHT

SEPTEMBER 26TH 6:30PM

THE LONG GAME

NEW MOVIE NIGHT IN THIRD FLOOR MOVIE ROOM IS NOW ON
THURSDAY'S AND NO LONGER WEDNESDAYS

Don't Recycle



- Fast food packaging
- Soiled food items
- Loose plastic bags
- Foam cups or containers

Do Recycle



- Any plastics/bottles
- Paper & cardboard
- Metals
- Glass



A New Season, A New Way to Order

As we approach the Fall we will be seeing changes in the menu and in how our DSA's order your food. During September/October we will be launching a new POS system. Your orders will be taken on a tablet which will directly go to a printer/screen for the cooks to see. Paper menus will be printed differently and instead of going from Sunday to Saturday, it will be Monday to Sunday.

Please bare with us as we transition from paper and pencils to tablets and screens. We will get through this, though I'm sure there will be some hiccups along the way. With a bit of luck, everything will run smoothly and you will hardly notice any difference.

Also, at the same time the Fall/Winter menu will be rolling out. Which no doubt will need a little tweaking here and there.

If you have any questions or concerns, please feel free to chat with me about it.

Janet Ashby
Executive Chef
Dining Director



Want to Donate Books to Our Library?



We appreciate your generous donations! To help us keep our library organized and make the most of our limited space, please follow these guidelines:

- Place books you wish to donate on the top shelf of the black cart.
- Large coffee-table books may be placed on the countertop near the black cart.

The Library Committee will process all donated books and distribute them throughout the main building on a monthly basis.

We do not accept:

- * Textbooks
- * Pamphlets
- * Manuals

Religious materials, including Bibles—For religious materials, please contact our Chaplain, Bonnylee Witt.

For large quantities of books, we encourage you to check with Goodwill or your local public library, as our library space is very limited.

Thank you for your thoughtful donations!

Library Committee

Dawn Howe (Ch.), Velma Martin and Sarah Robertson



☀ Marigold Moments!

Bright, cheerful, and full of sunshine—marigolds are the perfect little reminder to enjoy the beauty all around us!

Bill Charles
Photography



DEAR DEVELOPMENT,

What is it that you do in the Development office?

- Curious

DEAR Curious,

We are so glad you asked!

This is a common question we encounter when we introduce ourselves to residents. Here at the Development office, we are honored to serve as fundraisers for your community—raising awareness and facilitating gifts to Sunnyside Communities' charitable funds. Or, as Jerold Panas put it, "A fundraiser helps others undertake acts of kindness and generosity."

We educate residents and the community about the Fellowship Fund, which assists residents who outlive their resources, and the Employee Emergency Relief Fund, which supports employees facing a crisis or emergency. We also explain a range of charitable giving options, including beneficiary designations, IRA rollovers, donor-advised funds, charitable gift annuities, appreciated assets, wills, trusts, and more.

We help match each donor's interests with community needs, steward gifts according to donor intent, and build relationships with residents, staff, and supporters. We want you to know who's on the other side of the line when you pick up the phone to call us. Most of all, we are here to help you make a meaningful difference in your community through your own acts of kindness and generosity.

HAPPY GIVING!

The Development Team

Tax ID: 54-0591600

ASK US ANYTHING!



The King's Grant marketing team is ALWAYS here to answer any questions or concerns you may have. We assure you that we will always listen to the voices of our residents and respond accordingly.

Jamie Turner, Marketing Director

JTurner@kingsgrant.cc \ 276-634-1140

Brandon Earles, Marketing Counselor

BEarles@kingsgrant.cc \ 276-634-1138

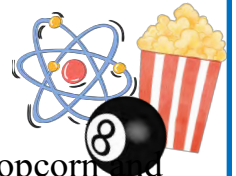
There are many ways to contact us. Choose the way that is most convenient for you!

Roger Owens, Marketing \ Move Coordinator

ROwens@kingsgrant.cc \ 276-634-1202

What's Happening at Francks' Place?

Billiards: Every Tuesday & Thursday from 1:00—4:00pm.



Movie Matinee: Every Tuesday at 3:00pm. At Francks' Place Theater. Popcorn and Drinks available. Titles will be announced monthly. *Sign-up in the resident app or contact Sharon at ext. 1585.*

Wondrium: Come learn something new! Shown every Monday in Francks' Place Theatre from 1:30-2:30PM.

Francks' Place is closed for Lunch every Third Thursday of each month for LAF.

Services available on King's Grant Campus

Seamstress: Pick-ups/drop-offs by appointment only. Contact Sylvia Smith at 276-618-1441

Safety Deposit Boxes: Available on campus.

Notary Publics: available on-site by appointment.

CPR & First Aid Classes: Tammy Shorter ext.1137

Nail Technician: Manicures and pedicures by appointment. Contact Tina Williams at ext. 1488

Transportation: For shuttles, appointments, or shopping requests, contact Ron Dailey or Ed Ledbetter at ext. 1129. If they are busy and you need a shuttle, dial ext. 1513 (Guard House).

For Clinic Hours and Services call ext. 1481

Electronic Funds Transfer:

Auto-draft from checking/savings accounts available. Contact Stevie Zola at ext. 1132

Beauty/Barber Shop: For appointments, contact Tina Williams at ext. 1488

Massage Therapy: Kim Kidd 276-734-5015 & Cindy Rhoday 276-634-7300, on-site by appointment. Services temporally unavailable, will notify when resumed.

Housekeeping Services: Contact Brandi Jenkins to schedule services-276-634-1496

Francks' Place BOOK CLUB



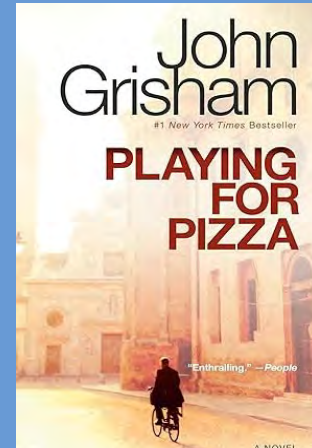
Next meeting is
Wednesday, August 5th
12:30 PM | Francks' Place

If interested in becoming a member,
contact Joan Montgomery (1349) or
Dawn Howe (1313)

DID YOU KNOW?

Sunflowers move – Young
sunflowers follow the sun across
the sky every day—a process
called heliotropism.

King's Grant Book Club



After providing what is arguably the worst single performance in the history of the NFL, third-string quarterback Rick Dockery becomes a national laughingstock. Cut by the Cleveland Browns, and shunned by every other team, Rick insists that his agent find a team that does need him.

Against enormous odds, Rick lands a job—as the starting quarterback for the Mighty Panthers of Parma, Italy.

Next meeting will be on Monday,
August 24th—11:45 AM — Private Dining Room

**To contribute to the Town Crier, please submit
information by the 17th of each month to:**

Brenlyn Buzzeo , Executive Assistant, at

bbuzzeo@kingsgrant.cc



King's Grant

DISCOVER THE DIFFERENCE