



SEPTEMBER 2026 ACTIVITY CALENDAR FOR LACY HEALTH CENTER



Activities are subject to change according to Residents wants & needs.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 FORGIVENESS DAY 11:00AM-DRUMMING AEROBICS 2:20PM- BALLOON VOLLEYBALL	2 Blueberry Popsicle Day 11:00am-Wednesday Worship 2:30pm- Chair Aerobics	3 Bowling Day 11:00 JAVA TIME -CGR 2:30 2:30pm- Labor Day Partyw/ Derek Wimbush	4 Wildlife Day 11:00am Reading To Connect/ Chair Exercises 2:30pm BINGO	5 Cheese Pizza Day 10:00 AM Danish Girl 2:30-4:00pm Both Parlors Movie Trouble w/ The Curve 971
6 Read A Book Day 9:30-10:30am CH 971 The Issacs 10-10:30am Hymn Sing Victory Chapel 130 PM Channel 971 The Case For Christ 4:15-5pm Worship Service	7 Labor Day Activity Booklets 	8 Star Trek Day 11:00am-Drumming Aerobics 2:00pm- Be Kind Sunflower Craft	9 Teddy Bear Day 11-11:30am Wednesday Worship Country Garden Room 2:00pm NOODLEBALL	10 TV Dinner Day 11:00 AM JAVA TIME - CGR 1:30pm Episcopal Eucharist Service-Victory Chapel 2:30pm Manicures	11 Day of Remembrance 11:00am Reading to Connect/ Remembering 9/11 2:30pm BINGO	12 Choc. Milkshake Day 10:00 AM Zero Dark ThirtyCh.971 2:30-4:00pm Both Parlors Movie Hello My Name is Doris 971
13 Uncle Sam Day 9:30-10:30am CH 971 The Gaithers10-10:30am Hymn Sing Victory Chapel 130 PM Channel 971 Book Club 4:15-5pm Worship Service Victory Chapel CH 971	14 National Virginia Day 10:30am Pastor Glenn & Singers-Victory Chapel 2:30 Manicures	15 Cheese Toast Day 11:00- Craft-Thankful Heart Wreath 2:30pm- Birthday Social w/ DJ Sweet TZZ	16 Mayflower Day 11-11:30am Wednesday Worship Country Garden Room 2:00pm Colonial Williamsburg Virtual Trip	17 Constitution Day 11:00 JAVA TIME -CGR 2:30 Colonial Williamsburg Social 	18 Air Force B-Day 11:00am Reading To Connect/ Chair Exercises 2:30pm BINGO	19 Dance Day 10:00 AM Bird On A wire Channel 971 2:30-4:00pm Both Parlors The Switch
20 Punch Day 9:30-10:30am CH 971 The Hayes 10-10:30am Hymn Sing Victory Chapel 1:30 PM Channel 971 Lampoons Vacation 4:15-5pm Worship Service Victory Chapel & CH 971	21 Pecan Cookie Day 11:00 AM Noodleball 2:30pm Manicures	22 First Day of Fall 11:00 Drumming Aerobics CGR 2:00pm Paint~n~Sip-Fall Scenes 	23 Pot Pie Day 11:00Wednesday Worship 2:00pm- Jamestown 1607 Virtual Trip 3:00pm-Resident Council Meeting	24 Cherries Jubilee Day 11:00AM JAVA 2:30PM JAMESTOWN 1607 SOCIAL	25 One Hit Wonder Day 11:00 Reading2Connect/Chair Exercises 2:30pm- BINGO	26 Pancake Day 10:00AM Wall Street Channel 971 2:30-4:00pm Both Parlors The Help
27 Choc. Milk Day 9:30-10:30am CH 971 Ernie Haase 10-10:30am Hymn Sing Victory Chapel 1:30pm Channel 971 Chuck and Larry 4:15-5pm Worship Service Victory Chapel & CH 971	28 Family Day 11:00am Noodle Ball 330 Manicures	29 VFW Day 11:00 Drumming Aerobics CGR 1:00pm Movie Presentation in Victory Chapel	30 Women's Health Day 11-11:30am Wednesday Worship Country Garden Room 2:30pm Livy's Ice Cream Outing			

ONE ON ONE VISITS ... SOME ACTIVITIES ROVIDED:
Music, Multi-Sensory Environment Shows, Conversation, Nails polished, Snack time, Newspaper, Magazines, Mail delivered and read to them as desired, Face Time with Family, Family visits, Hair curled and styled, Audio books, Books from the KG Library, Crafts, Crossword & Sudoku & Word Search & Jigsaw Puzzles, Baby dolls, Folding items, Table Games, Escorted to the Aviary, Escort outside, Adult coloring books & pencils, markers & crayons, Activity Muff, Finger Fidgets, Fabric Crinkle pads, Feel & Fold Swatches, Mechanical cats & dog, Tangle, Rubik Cube

WEEKLY CHURCH SERVICES—MARTINSVILLE CHURCHES On Channel 971:
Activities are subject to change. Posters & Announcements will inform you. King's Grant Retirement Community, 350 King's Way Road, Martinsville, VA 24112; 276-634-1521 Marlana Deskins, Life Enrichment Coordinator