



JANUARY 2026

MEMORY SUPPORT NEIGHBORHOOD

Activities are subject to change in accordance with residents wants & needs



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LORI ANN PORTER– MEMORY CARE COORDINATOR Phone: 276-634-1541 Email: lporter@kingsgrant.cc 350 KINGS WAY ROAD MARTINSVILLE, VA 24112 Residents choose movies-approx. 2hrs.				01 <u>NEW YEARS DAY!!!!</u> 10:00 EXERCISE/ SING-A- 11:00 STORYTIME 2:30 UNIVERSAL NY EVENTS 3:30 SOCIAL HR W/SNACK 6:30 GAME RES. CHOICE 7:00 TV TIME 7:30 MOVIE	02 <u>SCIENCE FICTION</u> 10:00 MEDITATION 10:30 YOGA STRETCHING 2:30 TALK -SCIENCE FICTION 3:30 SOCIAL HR W/ SNACK 6:30 EXERCISE 7:00 TV TIME 7:30 MOVIE	03 <u>MIND BODY WELLNESS</u> 10:00 EXERCISE 11:00 ART OR COOK 2:00 NAILS W/ MOVIE 4:00 GAMES 6:00 MOVIE AND POPCORN
04 <u>TRIVIA DAY</u> 10:00 TV CHURCH/READ BIBLE 2:00 MOVIE 4:15 CHAPEL (971) 6:00 SOCIAL TIME	05 <u>WHIPCREAM DAY</u> 10:00 EXERCISE 10:30 ART  2:30 ABOUT WHIPCREAM 3:30 SOCIAL HR W /SNACK 6:30 EXERCISE 7:00 TV TIME 7:30 MOVIE	06 <u>CUDDLE UP DAY</u>  10:00 EXERCISE 10:30 SPCA VISITS / JAVA 2:30 ABOUT CUDDLE DAY 3:00 SOCIAL HR W/ BONNIE 6:30 GUESS THAT SONG! 7:00 TV TIME 7:30 MOVIE	07 <u>BOBBLEHEAD DAY</u> 10:00 EXERCISE 10:30 READING 2 CONNECT 2:30 VIEW BOBBLEHEADS 3:30 SOCIAL HR BROWNIES WITH ICECREAM 6:30 SING-A-LONG HYMNS 7:00 BIBLE STUDY	08 <u>BUBBLE BATH DAY</u> 10:00 EXERCISE/ SING-A- 11:00 STORYTIME  2:30 GEE-MACKEY DUO IN Victory Chapel 3:30 SOCIAL HR W/ SNACK 6:30 NOODLEBALL 7:00 TV TIME	09 <u>LAW ENFORCEMENT DAY</u> 10:00 EXERCISE/ SING-A- LONG 10:30 ART SHEETS 2:30 ABOUT LAW ENFORCEMENT 3:30 SOCIAL HR W / SNACK 6:30 GAME 7:00 TV TIME 7:30 MOVIE	10 <u>HOUSEPLANT DAY</u> 10:00 EXERCISE 11:00 ART OR COOK 2:00 NAILS W/MOVIE 4:00 GAMES 6:00 MOVIE AND POPCORN
11 <u>CLEAN YOUR DESK DAY</u> 10:00 TV CHURCH/READ BIBLE 2:00 MOVIE 4:15 CHAPEL (971) 6:00 SOCIAL TIME	12 <u>GLUTEN-FREE DAY</u> 10:00 EXERCISE 10:30-11:15 AM Pastor Glen & Singers Victory Chapel 2:30 MAKE G-F COOKIES 3:30 SOCIAL HR W/SNACKS 6:30 EXERCISE 7:00 TV TIME	13 <u>STEPHEN FOSTER DAY</u> 10:00 NOODLEBALL 10:30 JAVA 2:30ABOUT STEPHEN FOSTER 3:00 SOCIAL HR W/ BONNIE 6:30 FAMILY FEUD 7:00 TV TIME 7:30 MOVIE	14 <u>DRESS UP YOUR PET DAY</u> 10:00 EXERCISE 10:30 READING 2 CONNECT 2:30 VIEW PETS IN DRESS 3:30 SOCIAL CHEESE CRACKERS 6:30 SING-A-LONG HYMNS 7:00 BIBLE STUDY	15 <u>HAT DAY</u> 10:00 EXERCISE/ SING-A- 11:00 STORYTIME 2:30 ABOUT HATS 3:30 SOCIAL HR W/ SNACK 6:30 PUZZLES & COLOR 7:00 TV TIME 7:30 MOVIE	16 <u>NOTHING DAY</u>  10:00 EXERCISE 10:30 ART  2:30 WATCH MOVIE 3:30 SOCIAL HR W/SNACK 6:30 WATCH DOC. ON BF 7:00 TV TIME 7:30 MOVIE	17 <u>BENJAMIN FRANKLIN DAY</u> 10:00 EXERCISE 11:00 ART OR COOK 2:00 NAILS W/ MOVIE 4:00 GAMES 6:00 MOVIE AND POPCORN
18 <u>WORLD SNOW DAY</u> 10:00 TV CHURCH/READ BIBLE 2:00 MOVIE 4:15 CHAPEL (971) 6:00 SOCIAL TIME	19 <u>MARTIN LUTHER KING</u>  10:00 EXERCISE 10:30 ART 2:30 MARTIN LUTHER KING 3:30 SOCIAL HR W/SNACKS 6:30 EXERCISE 7:00 TV TIME 	20 <u>PENGUIN DAY</u> 10:00 EXERCISE 10:30 JAVA 2:30 ABOUT PENGUINS 3:00 SOCIAL HR W/ BONNIE 6:30 WATCH DOC ON MLK Jr 7:00 TV TIME 7:30 MOVIE	21 <u>HUGGING DAY</u> 10:00 EXERCISE 10:30 READING 2 CONNECT 2:00 ABOUT HUGGING 3:30 SOCIAL CHIPS N DIP 6:30 SING-A-LONG HYMNS 7:00 BIBLE STUDY 7:30 MOVIE	22 <u>PIE DAY</u> 10:00 EXERCISE/ SING-A- 11:00 STORYTIME 2:30 TYPES OF PIES 3:30 SOCIAL HR W/ PIE 6:30 GAME 7:00 TV TIME 7:30 MOVIE	23 <u>SARAH B-DAY</u> 10:00 MEDITATION 11:00 YOGA STRETCHING 2:00 SARAH'S PARTY!!! 4:00 LET'S TALK 6:30 SING-A-LONG 7:00 TV TIME 7:30 MOVIE	24 <u>COMPLIMENT DAY</u> 10:00 EXERCISE 11:00 ART OR COOK 2:00 NAILS W/ MOVIE 4:00 GAMES 6:00 MOVIE AND POPCORN
25 <u>OPPOSITE DAY</u> 10:00 TV CHURCH/READ BIBLE 2:00 MOVIE 4:15 CHAPEL (971) 6:00 SOCIAL TIME	26 <u>GREEN JUICE DAY</u> 10:00 EXERCISE 10:30 ART  2:30 ABOUT GREEN JUICE 3:30 SOCIAL HR W /SNACK 6:30 EXERCISE 7:00 TV TIME	27 <u>CHOCOLATE CAKE DAY</u> 10:00 EXERCISE 10:30 JAVA 2:30 WATCH NAT'L GEO 3:30 SOCIAL HR CHOC CAKE 6:30 GROUP DISCUSSION 7:00 TV TIME	28 <u>LEGO DAY</u> 10:00 EXERC/LEGO HISTORY 10:30 READING 2 CONECT 2:30 LET'S BUILD LEGOS 3:00 Resident Council Multipurpose Room 6:30 GROUP DISCUSSION 7:00 TV TIME	29 <u>HOT CHOCOLATE DAY</u>  10:00 EXERCISE 11:00 STORYTIME WITH HOT CHOCOLATE 2:30 -4:00 PM Monthly Birthday Party with Robbie Vance—Trellis 6:30 SING-A-LONG HYMNS 7:00 BIBLE STUDY 7:30 MOVIE	30 <u>CROISSANT DAY</u> 10:00 EXERCISE 11:00 ART SHEETS 2:30 ABOUT CROISSANTS 3:30 SOC HR W/CROISSANTS 6:30 RING TOSS 7:00 TV TIME	31 <u>PUZZLE DAY</u> 10:00 EXERCISE 11:00 ART OR COOK 2:00 NAILS W/ MOVIE 4:00 GAMES 6:00 MOVIE AND POPCORN