

# January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>WC - Wellness Center WCCR - Wellness Center Conference Room GAL-Gallery JT- Jacob's Tavern FP- Front Parking</p>	<p>LIB - Library FL - Front Lobby 1FCR - First Floor Conference Room TR - Theater Room BR- Brunswick</p>	<p><b>1 HAPPY NEW YEAR!!</b> 1:00 Uno- FL</p>	<p>2 9:15 Strength &amp; Stretch -WC 10:30 Chair Yoga- WC</p>	<p>3 9:15 Let's Get Moving-WC 1:00 C&amp;C- WCCR 2:00 Shopping Trip 2:30 Line Dancing- WC</p>	<p>4 9:15 Strength &amp; Stretch - WC</p>	<p>5 6:30 Home Fires- TR</p>
<p>6 4:00 Vespers - 1FCR</p>	<p>7 9:15 Strength &amp; Stretch - WC 1:00 Rummikub- FL 6:30 Movie Night- TR <i>"1776" Part 1</i></p>	<p>8 9:15 Let's Get Moving -WC 10:00 Bible Study- WCCR 11:15 Better Balance 1:00 Uno- FL 2:00 Kroger Trip 3:30 2nd Tuesday Meeting- GAL 6:30 Movie Night- TR <i>"1776" Part 2</i></p>	<p>9 9:15 Strength &amp; Stretch -WC 10:30 Chair Yoga- WC 1:30 Tech Support Day</p>	<p>10 9:15 Let's Get Moving-WC 1:00 C&amp;C - WCCR 2:00 Shopping Trip 2:30 Line Dancing- WC 3:15 Laughter Yoga- WC</p>	<p>11 9:15 Strength &amp; Stretch - WC 11:45 Lunch Outing to Mrs. Rowe's Family Restaurant (bus leaves <u>11:15</u>)</p>	<p>12 2:00 Sight &amp; Sound "Ruth" GAL 6:30 Home Fires- TR</p>
<p>13 2:00 Beanbag Baseball- WC 4:00 Vespers - 1FCR</p>	<p>14 9:15 Strength &amp; Stretch - WC 1:00 Rummikub- FL 2:30 Winter Treats- TR 6:30 Book Club- LIB</p>	<p>15 9:15 Let's Get Moving -WC 10:00 Bible Study- WCCR 11:15 Better Balance - WC 1:00 Uno- FL 2:00 Kroger Trip</p>	<p>16 9:15 Strength &amp; Stretch -WC 10:30 Chair Yoga- WC 1:00 Crozet Dental Presentation and screening- GAL</p>	<p>17 9:15 Let's Get Moving-WC 1:00 C&amp;C - WCCR 2:00 Shopping Trip 2:30 Line Dancing- WC 3:30 Happy Hour- JT</p>	<p>18 9:15 Strength &amp; Stretch - WC 1:30 Shopping trip to Fashion Gallery</p>	<p>19 6:30 Home Fires- TR</p>
<p>20 4:00 Vespers-1FCR</p>	<p>21 9:15 Strength &amp; Stretch - WC 10:30 Discovery Series- WC 1:00 Rummikub- FL 2:30 Crossword Club - WC 6:30 Movie Night- TR <i>"Water for Elephants"</i></p>	<p>22 9:15 Let's Get Moving -WC 10:00 Bible Study- WCCR 11:15 Better Balance - WC 1:00 Uno- FL 2:00 Kroger Trip 6:30 Kimball Swanson Performance- GAL</p>	<p>23 9:15 Strength &amp; Stretch -WC 10:30 Chair Yoga- WC 3:00 Fireside Chat (FL)</p>	<p>24 9:15 Let's Get Moving-WC 1:00 C&amp;C - WCCR 2:00 Shopping Trip 2:30 Line Dancing- WC</p>	<p>25 9:15 Strength &amp; Stretch - WC 1:30 116th Regiment Museum (bus leaves <u>1:00</u>)</p>	<p>26 11:45 Lunch Outing to Bella Luna Wood Fired Pizza (bus leaves <u>11:00</u>) 6:30 Home Fires- TR</p>
<p>27 2:30 Vespers- GAL Hildebrand Mennonite Church</p>	<p>28 9:15 Strength &amp; Stretch - WC 1:00 Rummikub- FL 2:00 Monday at the Movies (bus leaves 1:40) 6:30 Game Night- GAL</p>	<p>29 9:15 Let's Get Moving -WC 10:00 Bible Study- WCCR 11:15 Better Balance - WC 1:00 Uno- FL 2:00 Kroger Trip 3:00 Birthday Social- FL</p>	<p>30 9:15 Strength &amp; Stretch -WC 10:30 Chair Yoga- WC</p>	<p>31 9:15 Let's Get Moving-WC 1:00 C&amp;C - WCCR 2:00 Shopping Trip 2:30 Line Dancing- WC 6:30 Casino Night- GAL</p>		