



MARCH 2019 LACY HEALTH CENTER ACTIVITIES



"Spring Forward"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>MARDI GRAS PARTY MARCH 5TH 2:30-4:00PM TRELLIS DINING ROOM</p>	<p>Happy Mardi Gras</p>	<p><u>C.S. LEWIS DISCUSSION</u> EVERY TUESDAY 10:00AM MULTI-PURPOSE ROOM LED BY: BOB BUTTON FOREST HILL PRESBYTERIAN</p>	<p>March 6th Ash Wednesday Service</p>	<p>ST. PATRICK'S DAY PARTY SATURDAY, MARCH 16TH 2:30 - 4:00PM LOU WOODALL JAZZ TRIO TRELLIS DINING ROOM</p>	<p>11:00-11:00am Hydration Cart Room to Room Visits 11:30—12:00pm Moving to Music—Fun Exercise Program Redbud Parlor 2:00-3:00pm Hydration Cart Room to Room Visits 4:00— 5:00pm Aviary Time and Andy Griffith—Redbud Parlor</p>	<p>2 9:00am-1:00pm Open Swim Wellness Center Pool 10:00-11:30am Channel 971 Celtic Woman Live from Ireland 10:30-11:30am Noodleball Country Garden Room 2:00-3:00pm—Bingo Multi-Purpose Room 2:30—4:00pm Movie Ch. 971 "Mc Lintock" - Irish Actress</p>
<p>3 10-10:30am Hymn Sing Evergreen Parlor 10:30—11:30am Bill Gaither and Friends — Channel 971 2:00-3:30pm Channel 971 "Sentimental Reflections" 4:15-4:45pm Worship Service and Communion Victory Chapel Speaker: Mark Hinchcliff First Presbyterian</p>	<p>4 10:00-11:00am Hydration Cart Room to Room visits 11:30-12:00pm Fun & Fitness Redbud Parlor 2:00-3:00pm Hydration Cart Room to Room visits 4:00pm—5:00pm Aviary Time & Andy Griffith—Redbud Parlor</p>	<p>5 8:30AM BREAKFAST MEETING TRELLIS DINING ROOM 10:30-11:30AM ART FUSION COUNTRY GARDEN ROOM 2:30-4:00PM MARDI GRAS PARTY- TRELLIS DINING 4:00-5:00pm Happy Hour Private Dining Room</p>	<p>6 10:00-10:30am VICTORY CHAPEL ASH WEDNESDAY SERVICE 11:30AM-12:00PM ASH WEDNESDAY WORSHIP COUNTRY GARDEN ROOM 2:00-3:00PM LEPRECHAUN FUN DRINKS AND SNACK CART ROOM TO ROOM 3:30-5:00pm Multi-Sensory "Shows" - Dietrich MSE Room</p>	<p>7 10:30-11:30am Bible Study with Paul Johnson Multi-Purpose Room 11:00am-11:45am Sing Along Country Garden Room 4:00-5:00pm Bingo Country Garden Room</p>	<p>8 10:00-11:00am Hydration Cart Room to Room Visits 11:30—12:00pm Moving to Music—Fun Exercise Program Redbud Parlor 2:00-3:00pm Hydration Cart Room to Room Visits 4:00— 5:00pm Aviary Time and Andy Griffith—Redbud Parlor</p>	<p>9 9:00am-1:00pm Open Swim Wellness Center Pool 10:00-11:30am Channel 971 Celtic Thunder—Male Singers 10:30-11:30am Noodleball Country Garden Room 2:00-3:00pm Bingo Multi-Purpose Room 2:30-4:00pm Movie Ch. 971 "Camelot" -Starring: Irish Actor</p>
<p>10 10-10:30am Hymn Sing Evergreen Parlor 10:30—11:30am Bill Gaither and Friends — Channel 971 2:00-3:30pm Channel 971 "Sentimental Reflections" 4:15-4:45pm Worship Service Victory Chapel Speaker: John Adams First Galilee Christian Church</p>	<p>11 10:00-11:00am Hydration Cart - Room to Room visits 11:30-12:00pm Fun & Fitness Redbud Parlor 2:00-3:00pm Hydration Cart Room to Room visits 4:00pm—5:00pm Aviary Time & Andy Griffith—Redbud Parlor</p>	<p>12 10:30-11:00AM SPCA VISITING ROOM TO ROOM 2:30—3:30pm Arts and Crafts Country Garden Room 4:00-5:00pm Happy Hour Private Dining Room</p>	<p>13 10:00AM NAILS BY KELLY 11:30am-12:00pm Wednesday Worship Country Garden Room 2:00-3:00PM LEPRECHAUN FUN DRINKS AND SNACK CART ROOM TO ROOM 3:30-5:00pm Multi-Sensory Room Shows Dietrich MSE Rm</p>	<p>14 10:30-11:30am Bible Study with Paul Johnson Multi-Purpose Room 11:00am-11:45am Sing Along Country Garden Room 4:00-5:00pm Bingo Country Garden Room</p>	<p>15 10-11:00am Hydration Cart Room to Room Visits 11:00—11:30AM HC RESIDENT COUNCIL-COUNTRY GARDEN RM 2:00-3:00pm Hydration Cart Room to Room Visits 4:30— 5:30pm Aviary Time and Andy Griffith—Redbud Parlor</p>	<p>16 9:00am-1:00pm Open Swim Wellness Center Pool 10:00-11:30am Channel 971 "Irish Travelogue" 10:30-11:30am Noodleball Country Garden Room 2:30-4pm Movie: Channel 971 "The Thomas Crown Affair" 2:30-4:00PM ST. PATRICK'S DAY CELEBRATION Music: "LOU WOODALL TRIO" TRELLIS DINING ROOM</p>
<p>17 10-10:30am Hymn Sing Evergreen Parlor 10:30—11:30am Bill Gaither and Friends — Channel 971 2:00-3:30pm Channel 971 "Sentimental Reflections" 4:15-4:45pm Worship Service Victory Chapel Speaker: Marian Myers Teamwork Ministries</p>	<p>18 10:00-11:00am Hydration Cart Room to Room visits 11:30-12:00pm Fun & Fitness Redbud Parlor 2:00-3:00pm Hydration Cart Room to Room visits 4:00pm—5:00pm Aviary Time & Andy Griffith—Redbud Parlor</p>	<p>19 10:30-11:30am WALK & TALK & GOLF CART RIDES—SIGN UP WITH ANDREA BRAZIEL 2:30-3:30pm Arts and Crafts Country Garden Room 4:00-5:00pm Happy Hour Private Dining Room</p>	<p>20 11:30am-12:00pm Wednesday Worship Country Garden Room 2:00-3:00PM LEPRECHAUN FUN DRINKS AND SNACK CART ROOM TO ROOM 3:30-5:00pm Multi-Sensory Room "Shows" Dietrich MSE Room</p>	<p>21 10:30-11:30am Bible Study with Paul Johnson Multi-Purpose Room 11:00am-11:45am Sing Along Country Garden Room 3:00—4:00pm Episcopal Eucharist Service Victory Chapel 4:00-5:00pm Bingo Country Garden Room</p>	<p>22 10:00-11:00am Hydration Cart Room to Room Visits 11:30—12:00pm Moving to Music—Fun Exercise Program Redbud Parlor 2:00-3:00pm Hydration Cart Room to Room Visits 4:00— 5:00pm Aviary Time and Andy Griffith—Redbud Parlor</p>	<p>23 9:00am-1:00pm Open Swim Wellness Center Pool 10:00-11:30am Channel 971 "The Best of Riverdance" - Irish 10:30-11:30am Noodleball Country Garden Room 2:00-3:00pm Bingo Multi-Purpose Room 2:30—3:30pm Movie CH. 971 "My Left Foot" - Irish Actress</p>
<p>24 10-10:30am Hymn Sing Evergreen Parlor 10:30—11:30am Bill Gaither and Friends — Channel 971 2:00-3:30pm Channel 971 "Sentimental Reflections" 4:15-4:45pm Worship Service Victory Chapel Speaker: John Fulcher Retired Baptist Minister</p>	<p>25 10:00-11:00am Hydration Cart Room to Room visits 11:30-12:00pm Fun & Fitness Redbud Parlor 2:00-3:00pm Hydration Cart Room to Room visits 4:00pm—5:00pm Aviary Time & Andy Griffith—Redbud Parlor</p>	<p>26 10:00am—12:00pm BUS RIDE FOR HC SIGN UP WITH ANDREA 4:00—5:00pm Arts and Crafts Country Garden Room 4:00-5:00pm Happy Hour Private Dining Room</p>	<p>27 11:30am-12:00pm Wednesday Worship Country Garden Room 2:00-3:00PM LEPRECHAUN FUN DRINKS AND SNACK CART ROOM TO ROOM 3:30-5:00pm Multi-Sensory Room "Shows" Dietrich MSE Room</p>	<p>28 10:30-11:30am Disciples Bible Study with Mark & Kendala Parkinson Multi-Purpose Room 11:00am-11:45am Sing Along Country Garden Room 2:30-4:00PM MONTHLY BIRTHDAY PARTY TRELLIS DINING ROOM</p>	<p>29 10-11:00am Hydration Cart Room to Room Visits 11:30—12:00pm Moving to Music—Fun Exercise Program Redbud Parlor 2:00-3:00pm Hydration Cart Room to Room Visits 4:30— 5:30pm Aviary Time and Andy Griffith—Redbud Parlor</p>	<p>30 9:00am-1:00pm Open Swim Wellness Center Pool 10:00-11:00am Channel 971 Sentimental Irish Sing Along 10:30-11:30am Noodleball Country Garden Room 2:00-3:00pm Bingo Multi-Purpose Room 2:30—3:30pm Movie CH. 971 "The Parent Trap"—Irish Actress</p>
<p>31 10-10:30am Hymn Sing Evergreen Parlor 10:30—11:30am Bill Gaither and Friends — Channel 971 2:00-3:30pm Channel 971 "Sentimental Reflections" 4:15-4:45pm Worship Service Victory Chapel Speaker: Keith Ritchie First United Methodist</p>	<p>An Irish Blessing: Wishing you a rainbow For sunlight after showers- Miles and miles of Irish smiles For golden happy hours...</p>	<p>...Shamrocks at your doorway For luck and laughter too, And a host of friends that never ends Each day your whole life through!</p>		<p>In room activity supplies Provided upon request, i.e.:</p> <ol style="list-style-type: none"> Books from our Library Word Search Books Crossword puzzle books Sudoku puzzle books Magazines CD Player I-Pad Deck of Cards ... and more 	<p>There is a jigsaw puzzle available for your enjoyment In the Redbud Parlor</p>	<p>Remember to...</p> <p>...Check out the: Wellness Center Schedule for land and water exercise classes, water volleyball and Swimming opportunities</p>