



The Funside

EILAND ASSISTED LIVING CENTER MARCH 2020 ACTIVITY HIGHLIGHTS

Blessing in a Bag Service Project, Sunday, March 1, 1 pm, Craft Room 2nd Fl

Massanutten Presbyterian sends weekend food home from school with 40-60 children on Fridays so they will have something to eat during the weekend. They call this "Blessings in a Bag". We can help them by double bagging the bags they use. Come help Brooke Branner from the church with this fun and worthwhile project.

Sunnyside Wellness Day for all Sunnyside Residents and Staff

Monday, March 2, 8 am - 4 pm, See the insert flyer for details



Spring Fling with Virginia Bethune

Wednesday, March 4, 10 am, Bethesda Theatre

Come to see and hear this magical presentation of harp and bells by Sunnyside resident Virginia Bethune. She will usher us from winter to spring!

Beginners Zentangle - Demo Day, Wednesday, March 11, 10 am Craft room

Zentangle is an easy-to-learn, relaxing and fun way to create beautiful images by drawing structured and beautiful patterns. There is no right or wrong to this art form, just beauty. Come to see and join instructor Sandra Blade as she leads us through the steps. No special art ability is needed. Zentangle will continue for six weeks ~ March 11, 18, 25, April 1, 15, 22.

Travel Club at the Highlands**, Thursday, March 12, 1 pm, departing 12:30 pm

Pat and Tom Harkins and Barbara Mancini will share the beauty and ancient history of Provence, a remarkable region in southern France. Their travels took them from wildlife sanctuaries and bull-training farms to charming and unique villages. An unforgettable experience awaits you!

Smithsonian's Aerial America Series

Saturdays, March 14 Mississippi, March 28 Nevada, 10 am, Bethel Room

Celebration Singers, Sunday, March 15, 3 pm, Meredith Chapel

Directed by Jerrilyn MacDanel, this 25 member choir represents a multitude of churches from the local community.

Browsing the Bookshelf**, Monday, March 23, 1:45 pm, at the Highlands

Sponsored by the Sunnyside library groups, this first "Browsing the Bookshelf" gathering features Nancy Wayland, Director of Marketing. Guess what her favorite childhood books were! She definitely had an international interest as a child!

Rockingham Male Chorus, Sunday, March 29, 2:30 pm, Meredith Chapel

The Rockingham Male Chorus "The Singing Men" of the Shenandoah Valley is a group of volunteer musicians from a variety of backgrounds, careers and denominations who sing the gospel of Christ. They travel hundreds of miles annually giving concerts from Pennsylvania to Florida. David MacMillan a graduate of Shenandoah Conservatory of Music, serves as director and his wife, Kathy, is accompanist. Chorus members love to share the Word in their concerts and welcome the opportunity to fellowship with their audiences in Christ's name. Join them for this amazing afternoon concert.

Check back page for activities and trips that require sign up. Make your reservations today!

Tea, Coffee and Socials

Reservations are not required.

Men's Coffee with Will—Monroe Room

Mondays, March 2 and 16, 9:30 am

Afternoon Social—Monroe Room

Tuesday, March 10, 2:15 pm

Morning Coffee—Monroe Room

Monday, March 9, 23, & 30, 10 am

Irish Trivia, Green Tea and Toasts

Monday, March 16, 2:30 pm Craft Room

Shamrock Social —Craft Room

Tuesday, March 17, 2:30 pm

Town Meeting—Bethesda Theatre

Thursday, March 26, 2 pm

Eiland Center Library

American Dirt by Jeanine Cummins has become the subject of controversy in the literary world. Initially hailed as the new “great American novel” with comparisons to *The Grapes of Wrath*, the author is now being criticized for being a white woman telling the story of a Latina immigrant. The book is well written, has an interesting storyline and has been carefully researched – so I leave it to you to decide.

Dear Edward by Ann Napolitano is the vivid story of one boy's coming of age redirected by a tragedy. An ordinary plane flight filled with a colorful cast of characters becomes the backdrop for a tragic accident when the plane goes down and a young boy is the only survivor. It is a moving novel and explores the quality of life – what it means not just to survive, but to truly live.

Long Bright River by Liz Moore is a moving story of sisters, addiction, and the ties that persist between place, family, and fate. One sister lives on the streets in the clutches of addiction, while the other walks those same blocks on her police beat. A suspenseful and well executed series of events will keep you reading this book.

Mr. Nobody by Catherine Steadman is a suspenseful psychological thriller. A man is found on a British beach with no identification and unable to speak. He is labeled “Mr. Nobody” in the press and a neuropsychiatrist is brought in to work with him. They discover they are connected in ways neither could have imagined.

The Long Petal of the Sea by Isabel Allende is an epic novel blending fact and fiction, history and memory, to create a richly imagined portrayal of the Spanish Civil War. It has been labeled by critics as one of the strongest and most affecting works in her long career of historical fiction. ~ Pat Harkins

Happy March

Birthday!

- 5 Mrs. Sybil McCrory
- 12 Mr. Gene Drifmeyer
- 13 Ms. Nan Bowman
- 14 Mrs. Maria Zukrowski
- 18 Mrs. Mary Carson
- 22 Mrs. Katherine Hart
- 27 Mrs. Pauline Patteson
- 29 Mrs. Nancy East

Sunnyside Resident and Staff Art Exhibit!

All Sunnyside artists are invited to exhibit your original artwork in our show scheduled for April in the Eiland Center Walkway. If you have questions or are interested in submitting your work, please contact Anita Landes (ext 8225 or alandes@sunnyside.cc). All artwork should be registered with Anita by March 30. It should be ready to hang and delivered to the Eiland Center by April 2. The show will continue until May 30.

Activities and Short Trips Reservations are Required!

Shopping at Target

Friday, March 6, departing 1 pm

Beginners Zintangle—Demo Day

Wednesday, March 11, 10 am, Craft Room

Travel Club at the Highlands

Thursday, March 12, 12:30 pm

Out to Lunch—El Charro Bridgewater

Friday, March 13, departing 11 am

Browsing the Bookshelf—Highlands

Monday, March 23, 1:45 pm
Departing 1:30 pm

Out to Lunch at the Highlands

Tuesday, March 31, 11:15 am

Call Anita (8225) to sign up for special events and trips.

AL Trips depart from the Corson Lobby

Sunnyside Retirement Community
Eiland Assisted Living Center—Life Enrichment
Anita Landes (568-8225)