

# Celebrations & Announcements

## Team Member Birthdays

Jayne Morris	1
Annette Scott	3
Bella Davis	3
Max Davis	3
Corrine Coffey	4
Cheryl McAlister	10
Sam Fitzgerald	10
Jesus Ortiz-Escobar	10
Savannah Hull	11
Cathy Pugh	20
Mary Nesselrodt	21
Janet Smith	22
John Heffner	24
Quon Brown	24
Miyah McClure	27
Patrice Winston	28
Mark Schwing	30



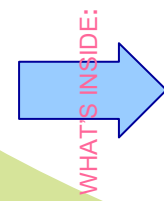
## Resident Birthdays

Hennie Akers	3
Bob Kuykendall	7
Lynn Foster	11
Lucy Colbert	15
Jean Miller	17
Pat Tuttle	19
Roger Babcock	25
Ken Piller	27



## Team Member Contacts

Front Desk (0) \* IL Activities (3119) \* Wellness Center (3116) \* Activities (3300) \*  
 Pastoral Care (3141) \* Life Enrichment (3123) \* Transportation (3118)



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April 2024

# THE Summit UP

Just Another Day...



...at the Square

# For Your Info...

## Transportation

Resident Services provides residents with transportation to their medical appointments. The start time of the appointment needs to occur during the time frames listed below. Medical transports will leave from the front lobby. All other transportation needs are subject to approval and will be at the resident's expense. **Call extension 3118 to schedule transportation.**

### Medical appointment time frames:

If you are needing transportation, please keep these times in mind when scheduling your appointments.

#### *Mondays, Wednesdays and Fridays:*

8:15 - 3:30 in Waynesboro

8:30 - 3:00 in Augusta County

#### *Tuesdays and Thursdays:*

8:15 - 12:30 in Waynesboro

8:30 - 12:00 in Augusta County



## SPRING IS HERE...

If you are interested in a garden plot please call Savannah Hull at x3119

## Welcome To Our New Residents

Charlie and Ruth Ann Warner

x3210 Apt 314



### Weekly Classes offered in the Wellness Center:

#### **Mondays**

9:15 Strength & Stretch  
11:00 Cardio Drumming

#### **Wednesdays**

9:15 Strength & Stretch  
10:30 Chair Yoga  
12:00-3:00 Pickleball

#### **Fridays**

9:15 Strength & Stretch

#### **Tuesdays**

9:15 Let's Get Moving

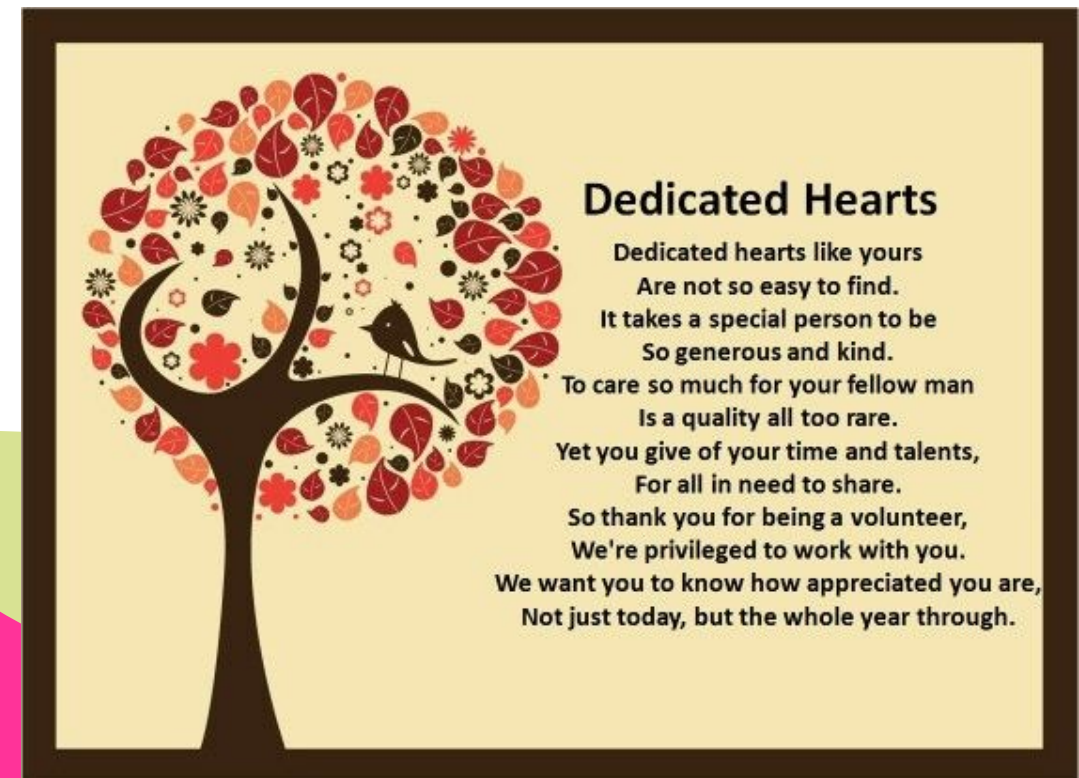
#### **Thursdays**

9:15 Let's Get Moving  
10:30 Better Balance  
2:30 Line Dancing

# NATIONAL VOLUNTEER WEEK

## APRIL 21-27

### THANK YOU TO ALL OF OUR 2023 VOLUNTEERS!



#### **Dedicated Hearts**

Dedicated hearts like yours  
Are not so easy to find.  
It takes a special person to be  
So generous and kind.  
To care so much for your fellow man  
Is a quality all too rare.  
Yet you give of your time and talents,  
For all in need to share.  
So thank you for being a volunteer,  
We're privileged to work with you.  
We want you to know how appreciated you are,  
Not just today, but the whole year through.

# Happenings: trips, events, activities.

## MOVIE NIGHT: APOLLO 13

Monday, April 1  
6:00PM—Theater Room

Technical troubles scuttle the Apollo 13 mission in 1970, risking the lives of astronaut Jim Lovell and his crew in this chronicle of a true story.

## VOLUNTEER OPPORTUNITY: VISIT A NEIGHBOR

Wednesday, April 3  
1st Floor

Have you met your neighbor? This month's volunteer opportunity is to visit one of your Summit Square neighbors on the 1st floor. If you're interested, please contact Savannah Hull at x3119.

## FIRST FRIDAY ORGAN RECITAL

Friday, April 5  
12:15PM-(bus leaves at 11:50am)

This will be a free, 30 minute performance by fan favorite, Roger Dagey, followed by a light luncheon provided by the kind folks at First Presbyterian Church. [Please sign-up by Wednesday, April 3rd.](#)

## RESIDENT AMBASSADOR RECRUITMENT

Friday, April 5  
1:30PM-Jacob's Tavern

Want to help the Marketing Team represent Summit Square??? Come learn about the resident ambassador program and how you can be part of this team. Anyone that signs up to be an ambassador will have their name put into a drawing for a \$25 gift card.

## MUSIC PERFORMANCE: FRITZ HORISK

Friday, April 5  
3:00PM-Gallery

Fritz is a local radio DJ and has been performing for years sharing his vocals and guitar talents.

## 1 SOLAR ECLIPSE

Monday, April 8  
2:00PM-4:30PM

On Monday, April 8, 2024, a total solar eclipse will cross North America, passing over Mexico, the United States, and Canada. **The maximum visibility in Waynesboro is projected to be around 3:17pm.** We will provide glasses at the front desk if you would like to go outside at any point to see the solar eclipse.

## 9 SECOND TUESDAY MEETING

Tuesday, April 9  
3:30PM-Gallery

Join Executive Director, Matt Dameron and the leadership team to find out all the latest happenings here at Summit Square.

## 10 HEARING AT HOME

Wednesday, April 10  
10:00AM- Theater Room

Do you have trouble hearing? Do you wear a hearing aid? Do you need your hearing checked? Have you noticed that your hearing aid might need a little maintenance or possibly a new battery? Hearing At Home will be at Summit Square to provide hearing checks and/or hearing aid maintenance. *No appointment necessary unless you would like a hearing test.*

## 10 HEALTHY EATS

Wednesday, April 10  
2:00PM- Gallery

Come make a delicious Vanilla Protein Shake with Savannah. This shake is high in protein, fiber, and super easy. This Protein Shake will keep you full for hours. [Please sign-up by Monday, April 8th.](#)

## 11 HAPPY HOUR

Thursday, April 11  
3:30PM—Jacob's Tavern

Spring into Happy Hour to bring in the warm weather!

## 8 LUNCH OUTING: SOONER

BBQ & MORE  
Friday, April 12

12:00PM—BUS LEAVES AT 11:30AM  
Lets enjoy a local BBQ restaurant that serves Memphis style smoked meat, sides, and more. [Please sign-up by Wednesday, April 10th.](#)

## 17 PROJECT GROWS PRESENTATION

Wednesday, April 17  
2:00PM- Gallery

Project Grows is a nonprofit, educational farm with the mission to grow a healthy community by connecting all people to nutritious foods. This presentation will include a 30-minute PowerPoint about the programs Project Grows offers, specifically programs happening in Waynesboro. They will discuss ways that you can get involved, have a Q & A session, and provide a quick and fun activity.

## 18 MUSIC PERFORMANCE: WHY NOT SING SINGERS

Thursday, April 18  
2:00PM-Gallery

Carol Byrd and company will bring their singing talents and humor with them to share with us. This group was recommended by one of our very own. In fact, this resident used to be a part of this group. Can you guess who?

## 19 MUSIC PERFORMANCE: SUSAN EDELMAN

Friday, April 19  
3:00PM-Gallery

We would like to welcome Susan back to Summit Square to share her classical piano talents!

## 22 TALES AND TRAVEL— JAPAN

Monday, April 22  
3:00PM—Theater Room

This month we will explore Japan. We will learn about the monarchy, explore fashion icons, and see beautiful shrines.

## 12 DOCUMENTARY SERIES: "CHRISTA MCAULIFFE: TEACHER IN SPACE"

Wednesday, April 24  
2:30PM- Theater Room

Portrait of the teacher who died in the tragic explosion of the space shuttle Challenger in 1986. Includes interviews with her parents and students.

## 26 WALKING CLUB: SOUTH RIVER GREENWAY

Friday, April 26  
11:00AM-(BUS LEAVES AT 10:45AM)

It's always better together! This club is to encourage everyone to get up and get moving. Every month we will take a trip to a different walking destination. The Greenway will be our second adventure. [Please sign-up by Wednesday, April 24th.](#)

## 26 SUMMIT SQUARE'S WINE CLUB

Friday, April 26  
2:00PM-Jacob's Tavern

The Summit Square wine club will be tasting wines from a select local vineyard each month. If you are interested in joining but have not signed up, please see Savannah Hull x3119 for more information.

## 27 WAYNE THEATER: 9 TO 5 MUSICAL

Saturday, April 27  
2:00PM—BUS LEAVES AT 1:15PM

This musical tells the story of three women pushed to the boiling point by their sexist and egotistical boss. Concocting a plan to kidnap and turn the tables on their despicable supervisor, will the ladies manage to reform their office – or will events unravel when the CEO pays an unexpected visit? **Tickets are \$48.00 and will be charge to your account.** [Please sign-up by Wednesday, April 17th.](#)

## 24 WAYNESBORO SYMPHONY ORCHESTRA: "EURAPEAN TOUR"

Sunday, April 28  
3:00PM-(BUS LEAVES AT 2:15PM)

For this season's final WAYNESBORO concert, the WSO will perform works by Wagner (Germany), Vaughan Williams (England), Debussy (France), Rodrigo (Spain) and Respighi's masterwork, the Pines of Rome.. [Please sign-up by Wednesday, April 28th.](#)

## 29 BIRTHDAY SOCIAL

Monday, April 29  
3:00PM-Gallery

Join us as we celebrate our April birthdays with refreshments! Come to the Gallery and celebrate with your neighbors and friends.

## 29 WAYNESBORO CHORAL SOCIETY

Monday, April 29  
7:30PM-(BUS LEAVES AT 6:40PM)

After celebrating their 50th anniversary. The Waynesboro Choral Society wants to show their appreciation to their faithful audience for supporting us year after year. The Waynesboro Choral Society will be presenting: "Songs from the Legends" this year. **Tickets are \$12.00 and will be charge to your account.** [Please sign-up by Wednesday, April 10th.](#)

## 30 GRATITUDE MASSAGE AND WELLNESS

Tuesday, April 30  
Theater Room

Appointments can be made by calling Savannah (x3119). Please call by Friday, April 12 to schedule your appointment. Prices are as follows:  
\$50 for 30 min  
\$65 for 45 min  
\$80 for 60 min  
\$95 for 75 min

Sign up on the counter in the WELLNESS CENTER.  
Dial ext. 3119 w/ questions.

# David's Corner

“And, beginning with Moses and with all the prophets, he expounded to them the things concerning himself in all the scriptures.” Luke 24:27



## 3:30 Vespers

April 7  
Tom DuMontier

April 14  
Tizzy Von Trapp Walker

April 21  
Gene Williams

April 28  
Elizabeth Foss

# Weekly Events & Groups

## Mondays:

**Uno Group**  
10:00AM– Front Lobby  
Contact: Betty Allen

**4th Monday:**  
**Bingo Night**  
6:00PM– Gallery  
Contact– Betty Allen

## Tuesdays:

**Uno Group**  
1:30PM - Front Lobby  
Contact: Betty Allen

**Thirteen**  
6:00PM—Front Lobby

## Tuesdays:

**Kroger/ Martins Alternating Shopping Trip**  
2:00PM - Front Lobby

## Thursdays:

**Coffee & Conversation**  
1:00PM-Theater Room  
Contact: Savannah Hull

**Walmart & Community Shopping Trip**  
2:00PM - Front Lobby  
No Sign-Up Necessary

**Thirteen**  
6:00PM—Front Lobby

## Saturdays:

**Heartland**  
6:15PM– Theater Room  
Contact: Louise Sweet



**Greeting cards are available for purchase at the Front Desk!**

**Cost is 75¢ each  
We have seasonal, sympathy, birthday, and much more!**

Above is a list of weekly trips, clubs, groups, and happenings. If you do not see your group listed here and would like it advertised in the Summit UP, please contact Savannah Hull at ext. 3119.