




ASSISTED LIVING ACTIVITIES APRIL 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>*please sign up with Life Enrichment, call x8225</p>	<p>1 April Fools Day 10:00 Seated Exercise Class (TV 971) 10:15 Manicures (call Cari at x8225 for appt.) 1:15 Soft Pretzel Trip to Hands of Home* (CL) 3:00 Bingo (Bethel Room)</p>	<p>2 12:45 Mystery Adventure Reading with Jim (GA) 2:15 Exercises with Wellness Staff (Bethel Room) 2:45 Piano Sing Along (BR) 6:30 Patch Adams (TV 971)</p>	<p>3 9:30 Stretch & Flow (TV 971) 10:00 Page Turners Book Club (3LVD) 12:45 Reading with Nancy - "Marley" (GA) 1:00 Open Swim* (CP) 1:15 Scenic Ride** (Corson Lobby)</p>	<p>4 10:30 Chapel Worship Service (MC & TV 971) 2:15 Exercises with Wellness Staff (Bethel Room) 3:00 Men's Group (Terrace Puzzle Room) 6:30 A Perfect Planet: Volcanos (TV 971)</p>	<p>5 10:30 Time of Communion (Bethel Room) 11:00 Friday Exercise (TV 971) 12:45 Reading with Jim (GA) 1:00 Swim Class** (CP) 1:30 Open Swim** (CP) 2:00 Travels to China and "Clowning" with Nat (BT) 6:30 Mennonite Acapella (MC)</p>	<p>6 10:00 Seated Exercise Class (TV 971) 11:00 Lunch Visits 1:00 Puzzle Club (IV/MA) 2:30 Ice Cream Sundae Party with Epsilon Sigma Alpha (Lakeview Patio)</p>
<p>7 9:00 Chapel Worship Rebroadcast (TV 971) All Day- Activity Packets And Puzzles (BR) 1:00 Father of the Bride (TV Channel 971) 6:45 Chapel Worship Rebroadcast (TV 971)</p>	<p>8 10:00 Seated Exercise Class (TV 971) 11:00 Lunch Outing to The Galley* *Lunch Charged to Sunnyside Bill (LVP) 2:30 Bingo (Bethel Room)</p>	<p>9 12:45 Mystery Adventure Reading with Jim (GA) 2:15 Exercises with Wellness Staff (Bethel Room) 2:45 Drum Circle (BR) 6:30 Queen Bees (TV 971)</p>	<p>10 9:30 Stretch & Flow (TV 971) 12:45 Reading with Nancy - "Marley" (GA) 1:00 Open Swim* (CP) 1:15 Scenic Ride** (CL) 2:00 Bethel Circle- Massanutten Presbyterian Church Gathering (BR)</p>	<p>11 10:30 Chapel Worship Service (MC & TV 971) 2:15 Exercises with Wellness Staff (Bethel Room) 3:00 Men's Group (Terrace) 3:30 Short Story Reading- "A Quiet Place" (GA) 6:30 A Perfect Planet: The Sun (TV 971)</p>	<p>12 11:00 Friday Exercise (TV 971) 12:45 Mystery Adventure Reading with Jim (GA) 1:00 Swim Class** (CP) 1:30 Open Swim** (CP) 2:30 Bingo Game with JMU Students (Bethel Room)</p>	<p>13 10:00 Seated Exercise Class (TV 971) 11:00 Lunch Visits 1:00 Puzzle Club (IV/MA) 1:30 Wii Games with Robin (Bethel Room) 6:30 Dolly Parton's Coat Of Many Colors(TV971)</p>
<p>14 9:00 Chapel Worship Rebroadcast (TV 971) All Day- Activity Packets And Puzzles (BR) 1:00 Sabrina (TV 971) 6:45 Chapel Worship Rebroadcast (TV 971)</p>	<p>15 10:00 Seated Exercise Class (TV 971) 10:00 Sing-spiration Sing Along Hymns (BR) 1:00 Bingo (Bethel Room) 2:30 Scenic Drive* (LVP)</p>	<p>16 12:45 Mystery Adventure Reading with Jim (GA) 2:15 Exercises with Wellness Staff (Bethel Room) 2:45 Piano Sing Along (BR) 6:30 The Ghost and Mr. Chicken (TV 971)</p>	<p>17 9:30 Stretch & Flow (TV 971) 11:15 Lunch at the Highlands* (CL) 12:45 Reading with Nancy - "Marley" (GA) 1:00 Open Swim* (CP) 3:00 Piano with Dotty (Terrace - 1st floor)</p>	<p>18 10:30 Chapel Worship Service (MC & TV 971) 2:15 Exercises with Wellness Staff (Bethel Room) 3:00 Men's Group (Terrace Puzzle Room) 6:30 A Perfect Planet: Weather (TV 971)</p>	<p>19 11:00 Friday Exercise (TV 971) 12:45 Mystery Adventure Reading with Jim (GA) 1:00 Swim Class** (CP) 1:30 Open Swim** (CP) 2:30 Noffsinger's Present: Travels in Switzerland (BT)</p>	<p>20 10:00 Seated Exercise Class (TV 971) 1:00 Puzzle Club (IV/MA) 2:30 Resident-Led Bingo Game (BR) 6:30 The Best Exotic Marigold Hotel (TV971)</p>
<p>21 Happy Birthday, Mona 9:00 Chapel Worship Rebroadcast (TV 971) All Day- Activity Packets And Puzzles (BR) 1:00 Hidalgo (TV 971) 6:45 Chapel Worship Rebroadcast (TV 971)</p>	<p>22 Earth Day 10:00 Seated Exercise Class (TV 971) 10:15 Manicures (call Cari at x8225 for appt.) 1:00 Bingo (BR) 1:00 Recycle Right (TV 971) 2:30 Trip to Smiley's Ice Cream* (LVP)</p>	<p>23 12:45 Mystery Adventure Reading with Jim (GA) 2:15 Exercises with Wellness Staff (Bethel Room) 2:45 Drum Circle (BR) 6:30 The Sound of Music (TV 971)</p>	<p>24 9:30 Stretch & Flow (TV 971) 10:00 Ladies Shopping Trip to Target* (LVP) 12:45 Reading with Nancy - "Marley" (GA) 1:00 Open Swim* (CP) 1:15 Scenic Ride** (Corson Lobby)</p>	<p>25 10:30 Chapel Worship Service (MC & TV 971) 2:00 News w/ Nancy (BT & 971) 2:15 Exercises (Bethel Room) 3:00 Men's Group (Terrace) 3:30 Short Story Reading - "The Butter Battle" (GA) 6:30 A Perfect Planet: Oceans (TV 971)</p>	<p>26 Arbor Day 11:00 Friday Exercise (TV 971) 12:45 Mystery Adventure Reading with Jim (GA) 1:00 Swim Class** (CP) 1:30 Open Swim** (CP) 1:30 Monthly Birthday Party for April (Bethesda Theatre)</p>	<p>27 9:00 News w/ Nancy (971) 10:00 Seated Exercise Class (TV 971) 1:00 Puzzle Club (IV/MA) 2:30 Resident-Led Bingo Game (BR) 7:00 News w/ Nancy (971)</p>
<p>28 9:00 Chapel Worship Rebroadcast (TV 971) All Day- Activity Packets And Puzzles (BR) 1:00 Breakfast at Tiffany's (TV 971) 6:45 Chapel Worship Rebroadcast (TV 971)</p>	<p>29 10:00 Seated Exercise Class (TV 971) 10:30 Shenandoah Valley Ukulele Players (BT) 1:00 Bingo (BR) 2:30 Scenic Drive* (LVP)</p>	<p>30 10:00 Lunch Outing to Route 11 Chips* (CL) 12:45 Mystery Adventure Reading with Jim (GA) 2:15 Exercises with Wellness Staff (Bethel Room) 6:30 Fried Green Tomatoes (TV 971)</p>	<p>May 1st 9:30 Stretch & Flow (TV 971) 10:00 Page Turners Club 12:45 Reading with Nancy - "Marley" (GA) 1:15 Scenic Ride** (Corson Lobby)</p>	<p>AC — Arts & Crafts Room BR — Bethel Room (2nd) BT—Bethesda Theater (2nd) CL — Corson Lobby (1st) CP — Corson Pool (1st) GA — Galway Lounge (2nd) IV — Inverness Room (2nd) 3LVD -Lakeview Dining (3rd)</p>	<p>LVP — Lakeview Patio (2nd) MA — Madison Lounge (3rd) MC — Meredith Chapel (1st) MO — Monroe Lounge (3rd) PG — Parks Garden (2nd) TR— Terrace Memory Care Unit (1st floor) VC— Vitality Center</p>	<p><i>Listings in italics are TV broadcasts</i></p> <p>See dining room bulletin boards for updates and schedule changes</p>