

# April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1 APRIL FOOLS DAY</b> 9:15 Strength & Stretch - WC 1:00 Rummikub- FL 3:00 12 Mile Run- FP 6:30 Movie Night- TR  <i>A great way to stay active:            Scavenger Hunt- Pick up your            sheet at the Wellness Center!</i>	<b>2</b> 9:15 Let's Get Moving -WC 10:00 Bible Study- WCCR 11:15 Better Balance 1:00 Uno- FL 2:00 Kroger Trip	<b>3</b> 9:15 Strength & Stretch -WC 10:30 Chair Yoga- WC 12:00 Lenten Lunch (bus leaves <u>11:40</u> )	<b>4</b> 9:15 Let's Get Moving-WC 1:00 C&C - WCCR 2:00 Shopping Trip 2:30 Line Dancing- WC	<b>5</b> 9:15 Strength & Stretch - WC 12:15 First Fridays Organ Recital (bus leaves <u>11:50</u> ) 1:00 Matter of Balance- WC	<b>6</b> 6:30 Heartland- TR
<b>7</b> 3:00 Schola Cantorum (bus leaves <u>2:30</u> ) 4:00 Vespers - 1FCR	<b>8</b> 9:15 Strength & Stretch - WC 1:00 Rummikub- FL 1:30 Mary Baldwin Student Recital- GAL 6:30 Book Club- LIB	<b>9</b> 9:15 Let's Get Moving -WC 10:00 Bible Study- WCCR 11:15 Better Balance 1:00 Uno- FL 2:00 Kroger Trip 3:30 2nd Tuesday Meeting- GAL	<b>10</b> 9:15 Strength & Stretch -WC 10:30 Chair Yoga- WC 12:00 Lenten Lunch (bus leaves <u>11:40</u> ) 3:00 Let Me Tell You a Story- JT	<b>11</b> 9:15 Let's Get Moving-WC 1:00 C&C - WCCR 2:00 Shopping Trip 2:30 Line Dancing- WC	<b>12</b> 9:15 Strength & Stretch - WC 1:00 Matter of Balance- WC	<b>13</b> 8:00 Pancake Breakfast (bus leaves <u>7:55</u> ) 6:30 Heartland- TR
<b>14 PALM SUNDAY</b> 3:00 Alice in Wonderland (bus leaves <u>2:30</u> ) 4:00 Vespers - 1FCR 4:30 Passover Meal (bus leaves <u>4:00</u> )	<b>15</b> 9:15 Strength & Stretch - WC 10:30 Discovery Series- WC 1:00 Rummikub- FL 2:30 Bloomaker Tour (bus leaves <u>2:10</u> ) 6:30 Movie Night- TR	<b>16</b> 9:15 Let's Get Moving -WC 10:00 Bible Study- WCCR 11:15 Better Balance - WC 1:00 Uno- FL 2:00 Kroger Trip	<b>17</b> 9:15 Strength & Stretch -WC 10:30 Chair Yoga- WC 11:45 Lunch Outing to Thai Staunton (bus leaves 11:15) 6:30 Kimball Swanson Performance-GAL	<b>18</b> 9:15 Let's Get Moving-WC 1:00 C&C - WCCR 2:00 Shopping Trip 2:30 Line Dancing- WC 3:30 Happy Hour- JT	<b>19 GOOD FRIDAY</b> 9:15 Strength & Stretch - WC 10:30 Good Friday Service- 1FCR 1:00 Matter of Balance- WC	<b>20</b> 6:30 Heartland- TR
<b>21 EASTER</b> 4:00 Vespers-1FCR	<b>22</b> 9:15 Strength & Stretch - WC 1:00 Rummikub- FL 6:30 Game Night- GAL <b>Wii Bowling League begins</b>	<b>23</b> 9:15 Let's Get Moving -WC 10:00 Bible Study- WCCR 11:15 Better Balance - WC 1:00 Uno- FL 2:00 Kroger Trip	<b>24 ADMINISTRATIVE            PROFESSIONALS DAY</b> 9:15 Strength & Stretch -WC 10:30 Chair Yoga- WC 11:15 Charlie & Co.- FL 1:15 Greenway Walk (bus leaves <u>1:15</u> )	<b>25</b> 9:15 Let's Get Moving-WC 2:00 Shopping Trip 6:30 Dinner with a Doc- GAL	<b>26</b> 9:15 Strength & Stretch - WC 1:00 Matter of Balance- WC	<b>27</b> 10:30 Garden Tour (bus leaves <u>10:00</u> ) 6:30 Heartland- TR
<b>28</b> 3:00 Waynesboro Symphony (bus leaves <u>2:05</u> ) 4:00 Vespers- 1FCR	<b>29</b> 9:15 Strength & Stretch - WC 1:00 Rummikub- FL 3:30 Me & Martha Performance- GAL	<b>30</b> 9:15 Let's Get Moving -WC 10:00 Bible Study- WCCR 11:15 Better Balance - WC 1:00 Uno- FL 2:00 Kroger Trip 3:00 Birthday Social- FL			WC - Wellness Center WCCR - Wellness Cen- ter Conference Room GAL-Gallery JT- Jacob's Tavern FP- Front Parking	LIB - Library FL - Front Lobby 1FCR - First Floor Conference Room TR - Theater Room BR- Brunswick Din- ing Room