# The Funside

## Eiland Assisted Living Center

### September 2018 Activity Highlights

**Coffee Time, Monday, September 3, 10 am, Bethesda Theatre**

What makes a good life?...Lessons from the longest study on happiness. Enjoy Monday morning coffee and conversation with your hostess, Gini Reese.

**Chapel Talk: "Artificial Intelligence: Fab or Folly"**

Wednesday, September 5, 2 pm, Meredith Chapel, Presented by Don Oxley, Sunnyside Resident

Artificial Intelligence and related technologies have deeply penetrated our cultural psyche. Companies like Google, Amazon, Apple and others are approaching trillion dollar valuations, driven in no small part by AI. In this talk, Don will share a BRIEF history of AI, the way it works, look at a few applications, and discuss the implications.

**"Women's Health" Lecture,** Wednesday, September 12, 1:45 pm, Bethesda Theatre

Sarah McCadden, OTR, will lead an interactive discussion on the top five leading health concerns impacting senior women followed by proactive intervention strategies, including therapy.

**Bluestone Jazz Combo Performance,** Wednesday, September 12, 7 pm, Meredith Chapel

Bluestone Jazz is a group of JMU Music School students. With a sophisticated harmonic language, they are able to cover the lovable standards as well as provide fresh originals.

**Breakfast for Lunch,** Thursday, September 13, 11:30 am, Bethesda Theatre

Our quarterly Fellowship lunch is for all Eiland Center residents and features special order omelets, Linda's famous cinnamon rolls and fresh fruit. Come and enjoy it! No extra change for this lunch.

**Town Meeting,** Tuesday, September 18, 2 pm, Bethesda Theatre

Join Executive Director Josh Lyons for campus updates and presentation of the "Wind Beneath our Wings" Award.

**Drum Circle with Ed McKee**

Wednesday, September 19, 10 am, Bethesda Theatre

**Golf Cart Tours of Our "New" Property**,** Wednesday, September 19, 1-4 pm

Trying again! Tours depart from Corson Lobby about 45 minutes apart. Sign up required.

**Scenic Drive to Ft. Hogg, aka Sandy's Place**,**

Friday, September 21, departing 11 am. Includes Lunch

After a fabulous scenic drive and tour at the old fort, we'll enjoy Turner hospitality and lunch in the great out of doors. Sign up by Monday, September 17. Lunch provided by Linda at no extra charge.

**Movie Matinee: "Won't You Be My Neighbor?"**

Friday, September 21, 2 pm, Bethesda Theatre

"Won't you be my Neighbor?" looks back on the legacy of Fred Rogers, focusing on his radically kind ideas. While the nation changed around him, Fred Rogers stood firm in his beliefs about the importance of protecting childhood. This documentary pays tribute to a man who reminds us all how "a little kindness makes a world of difference." (2018, PG-13, 104 minutes)

**Voter Registration Presentation,** Wednesday, September 26, 10 am, Bethesda Theatre

Lisa Gooden, Rockingham County Voter Registrar, will be here to discuss voter registration, offer Photo ID processing (for voters who do not have a valid Virginia ID), and review absentee ballot applications and options for the November 6 election.

**Check back page for activities and short trips that require sign up. Make your reservations today!**

## Tea, Coffee and Socials

**Reservations are not required.**

**Coffee Time with Gini**
Monday, September 3, 10 am Bethesda Theatre

**Wine and Cheese Social—Craft Room**
Thursday September 6, 2:30 pm

**Morning Coffee—Monroe Room**
Monday, September 10, 10 am

**Men's Coffee with Will—Monroe Room**
Monday, September 17, 9:30 am

**Town Meeting—Bethesda Theatre**
Tuesday, September 18, 2 pm

**Coffee and Conversation—Craft Room**
Monday, September 24, 10 am

## Eiland Center Library

**The Seasons of my Mother: A Memoir of Love, Family and Flowers** by Marcia Gay Harden is a moving memoir of her mother's struggle with Alzheimer's disease intertwined with her love of Ikebana, the ancient Japanese art of flower arranging.

**Clock Dance** by Anne Tyler is a charming new novel of self-discovery and second chances from a favorite author. Her heroine, Willa Drake, can count on one hand the defining moments of her life. Making an impulsive decision which leads her into uncharted territory--she finds solace and fulfillment in unexpected places.

**A Double Life** by Flynn Berry is loosely inspired by one of the most notorious unsolved crimes of the 20th century - the Lord Lucan case. It is a suspense filled page-turner and moving reflection on women and violence, and class and privilege.

**Chariot on the Mountain** by Jack Ford, based on little-known true events, is an astonishing recreation of a treacherous journey toward freedom. In a time when the traditions of the Old South still thrived— it is a testament to determination, friendship, and courage and a vividly told story of slavery, emancipation, and a sensational trial.

**Summer Wives** by Beatriz Williams is a story of love, class, power and redemption set among the inhabitants of an island off the New England coast. It is a world of two clans: the privileged class, the summer families; and the working class of Portuguese fishermen and domestic workers who earn their living on the water.

14 Mrs. Dorothy Koontz
16 Mrs. Virginia "Gini" Reese
20 Mrs. Doris Phillips
21 Mrs. Alma Dacey
29 Mr. Robert "Bob" Johnson
29 Mrs. Emmie Lou Campbell

## Sunnyside Singers Christmas Concert Rehearsals

Rehearsals for our Annual Christmas Concert will begin **Friday, September 28, 10:30 am**. **Meredith Chapel**. ***Rehearsal Schedule:*** Fridays at 10:30 am in October and November; and Monday, November 26 and Friday December 7.

Concert: Saturday December 8, 2 pm, Meredith Chapel. New members are welcome.

## Activities and Short Trips

**Reservations are Required!**

**Shopping at Target**
Friday, September 7, Departing 1 pm

**Out to Lunch ~ Olive Garden**
Friday, September 14, 11:15 am

**Golf Cart Tours of New Property**
Wednesday, September 19, 1—4 pm

**Scenic Drive with Lunch at Ft. Hogg**
Friday, September 21, 11 am—2 pm

**Out to Lunch at the Highlands**
Wednesday, September 26, 11:15 am

**Call Anita (8225) to sign up.**
**Trips depart from the Corson Lobby**

**Sunnyside Retirement Community**
**Eiland Assisted Living Center—Life Enrichment**
**Anita Landes (568-8225) Sandy Turner (568-8606)**